REGISTRATION AND CHECKS WILL BE ACCEPTED BY HARMONY CHAPTER ON TUESDAY, JUNE 5 AFTER THE GENERAL MEETING.

Registration will be held in the Crafts Room this year in order to maximize space for the General Meeting attendees. All members may register in the Crafts Room from 1:30 – 2:30 PM.

PLEASE NOTE:
- Only paid-up members for July 2018 – June 2019 can register.
- Membership dues of $60 must be paid prior to registration.
- There are two $5 vouchers included in this Guide. These vouchers may be used for the following events only: Line Dancing, Low-Impact Exercise, Canasta, Make a Memory Book, Flix, The Ethicist, Ted Talks, Knitting, Book Discussion - Everybody’s Son, Puff Pastry. If you don’t use them now, they can also be used for certain events in the next guide which comes out in December.

FOLLOW THESE STEPS TO REGISTER FOR EVENTS LISTED IN THIS GUIDE

1. Select your events. Write a separate check for each individual event. Clearly write the event name, number (and session letter, if applicable) in the memo section at the bottom of each check. PLEASE MAKE ALL CHECKS PAYABLE TO BRANDEIS UNIVERSITY.

2. Place each check in a separate envelope. Clearly label each envelope with the event name and number (and session letter, if applicable). If using a voucher, write the name of the study group on it along with your name and place it in the envelope with your check.

Repeat steps 1 and 2 for each event you choose to sign up for. If you select 5 activities, you should write out 5 checks and have 5 envelopes to turn in. At registration, you will place each envelope (with a check enclosed) in a bag identified with the name and number of the activity. At 2:30PM LOTTERY drawings will be taken from each bag. You will be advised only if you do NOT get into the event you requested. If you cannot attend registration, friends can bring in your envelopes or deliver them the next day to Ruth Pashkin at 31 Portchester Court. Please note that some events may be full at that time.

** For designated events, any amount over Fair Market Value (FMV) is a charitable contribution to BNC’s Magnifying the Mind Fund in support of faculty research in neurodegenerative diseases.**

TRIPS AND SPECIAL EVENTS WILL BE ADVERTISED AND PAID FOR SEPARATELY. WATCH YOUR E-MAIL FOR ANNOUNCEMENTS ABOUT THESE EVENTS.

No credit/refund will be given for any event, trip or special event unless cancelled by BNC. If an event is rescheduled and you are unable to attend the rescheduled date, then, at your request, reimbursement will be issued in the form of your original payment (cash or credit voucher). Requests for reimbursement must be made within 7 days of the notification of the change.

Please note the procedure for selling tickets if you can’t attend an event with a value of $10 or more. Please contact Gae Maurer at gmmarino@aol.com to see if there is a wait list. If there is no wait list, you can sell your ticket to a Brandeis member only. Gae will send out a weekly E-mail to help you sell your ticket. Please contact the facilitator to advise him/her about the change.

REMEMBER:
- Use the attached Registration Summary sheet to serve as a reminder of the activities you signed up for. Mark your personal calendars with these dates.
- Check the BNC monthly calendar listing upcoming activities on your E-mail.
1 LINE DANCING – BACK BY POPULAR DEMAND!
Our dancing instructor and choreographer, Nancy Carole, will return with her Line Dancing classes! We will learn the basic moves of line dancing through routines which Nancy choreographs to help develop our memory, strength, balance and coordination. The cardio workout is an added bonus! Get ready for some great music, fun and exercise. Experience is not necessary, just a desire to dance and have fun with a great group of ladies! IMPORTANT: Please register for each session separately and please label each envelope with the session you wish to attend.

**JULY-AUGUST SESSION: Pick Tuesdays AND/OR Thursdays**
1A. Tuesdays – July 3, 10, 17, 24, 31, August 21, 28 (10:30-11:30am)  
Cost: $40 (7 classes)  
1B. Thursdays – July 5, 12, 19, 26 August 2, 9, 23, 30 (10:30-11:30am)  
Cost: $45 (8 classes)

**SEPTEMBER-NOVEMBER SESSION: Pick Tuesdays AND/OR Thursdays**
1C. Tuesdays – September 4, 25, October 2, 9, 23, 30 November 13, 20 (10:30-11:30am)  
Cost: $45 (8 classes)  
1D. Thursdays – September 6, 13, 20, 27 October 4, 11, 18 (10:30-11:30am)  
Cost: $40 (7 classes)  
Location: Aerobics Room  
Limit: 15 per class  
Facilitator: Gloria Laks • 732-536-5785

2 LOW-IMPACT EXERCISE TO MUSIC
Yes, exercise can be fun! Join us for an enjoyable exercise class designed for almost all levels. Nancy Carole will be conducting a low-impact exercise class which can be done standing or sitting in a chair. Nancy is always willing to demonstrate and modify exercises to help each of us address our own specific issues. Enjoy stretching and easy movements to great music...something our minds, muscles and joints will thank us for. IMPORTANT: Please register for each session separately and please label each envelope with the session you wish to attend.

**JULY-AUGUST SESSION: Pick Tuesdays AND/OR Thursdays**
2A. Tuesdays – July 3, 10, 17, 24, 31 August 21, 28 (11:40am-12:25pm)  
Cost: $35 (7 classes)  
2B. Thursdays – July 5, 12, 19, 26, August 2, 9, 23, 30 (11:40am-12:25pm)  
Cost: $40 (8 classes)  

**SEPTEMBER-NOVEMBER SESSION: Pick Tuesdays AND/OR Thursdays**
2C. Tuesdays – September 4, 25, October 2, 9, 23, 30 November 13, 20 (11:40am-12:25pm)  
Cost: $40 (8 classes)  
2D. Thursdays – September 6, 13, 20, 27 October 4, 11, 18 (11:40am-12:25pm)  
Cost: $35 (7 classes)  
Location: Aerobics Room  
Limit: 20 per class  
Facilitator: Gloria Laks • 732-536-5785
3  LAUGHTER IS THE BEST MEDICINE  *DESIGNATED EVENT*

You don’t stop laughing because you grow old – you grow old because you stop laughing. So if you can’t beat the aging process (who can?), embrace it with humor. Larry Wolfert, an award winning instructor at the Osher Lifelong Learning Institute at Rutgers University (OLLI-RU), will be showing, via video excerpts, how different comedians from the past half century have approached the various aspects about growing more mature. As the saying goes, laughter is the best medicine. Prepare to enjoy! This presentation is sure to make us smile.

Friday, July 6 at 1PM
Cost: $12    FMV: $8    Charitable contribution: $4
Facilitator: Marcy Kupferman  •  732-928-2866

4  JACQUELINE KENNEDY ONASSIS, AN AMERICAN LEGACY  *DESIGNATED EVENT*

She was a Kennedy. She was an Onassis. She did not define herself by her husbands. Meet Jacqueline – a great American Legacy who wore many hats, not just her pillbox. Her story will be told by Jill Lawrence, a First Person Interpreter. Some funds for this program provided by the New Jersey Council for the Humanities.

Tuesday, July 10 from 1 - 3PM
Cost: $8    FMV: $2    Charitable contribution: $6
Facilitator: Ilene Garlock  •  732-928-9571

5  CANASTA

Learn how to play the game. You will learn the rules and actually play.

Wednesdays - July 18 at 11AM, July 25 and August 1 at 10AM
Cost: $10 for all three sessions    Limit: 12
Facilitator: Ilene Garlock  •  732-928-9571

6  AGING WELL – THE NEW NORMAL  *DESIGNATED EVENT*

No doubt we are living longer, but are we living better? As we get older we find ourselves less accepting of our loved ones’ chronic illnesses and behaviors. Hearing loss, chronic pain and poor memory are a few common stressors that we need to cope with. It is also quite possible that you find your spouse is less than compassionate when dealing with your chronic issues. Amy Metzger, Behavioral Health Consultant, will teach us how to develop strategies that will help us become more accepting in everyday situations. Transportation is on your own.

Monday, July 30 from 10:30 - 11:30AM
Location: CentraState Health Awareness Center
Cost: $16    FMV: $13    Charitable contribution: $3
Facilitator: Stephanie Isaac  •  732-833-7414
7 FINDING YOUR ROOTS THROUGH GENEALOGY

Genealogist and story-teller, Michael Schwartz, will explore the various techniques that he used to trace his family from pre-World War I to post-war Poland to New York and even West Virginia. He will transmit lessons learned and advice for the audience for their search. This program is open to spouses and significant others.

**Tuesday, July 31 at 1PM**

Cost: $8  FMV: $2  Charitable contribution: $6
Facilitator: Ilene Garlock • 732-928-9571

---

8 NEVER FORGET A NAME

Everyone knows how it feels when you can recognize someone’s face, but cannot recall their name. Join Speech Pathologist and Brain Health Educator, Marilyn Abrahamson, for a class that will teach simple tips and strategies to help improve name recall. Transportation is on your own.

**Monday, August 6 from 3 - 4:30PM**

Location: CentraState Health Awareness Center

Cost: $18  FMV: $15  Charitable contribution: $3
Facilitator: Stephanie Isaac • 732-833-7414

---

9 A TASTE OF ITALY AT LA CIPOLLINA!

We had so much fun the last 2 times we visited La Cipollina in Freehold that we just have to go back! The very entertaining Chef Matt Higgins will be treating us to a hands-on cooking demonstration of authentic Italian cuisine. Learn from start to finish how to shop, prep, cook and present a sophisticated, eye-appealing meal. Chef Matt will share his magic culinary skills with us and then we will be presented with a delicious 3-course luncheon of eggplant rollatini, chicken cognac and Italian cheesecake. Join us for a fun afternoon of great friends, great entertainment and great food! Transportation is on your own.

**Wednesday, August 8 at 12:30PM**

Location: La Cipollina, 16A West Main Street, Freehold, NJ

Cost: $38  FMV: $35  Charitable contribution: $3  Limit: 50
Facilitators: Denise DiPace • 732-414-2626  Marcy Kupferman • 732-928-2866

---

10 SALLY HEMINGS AND THOMAS JEFFERSON: A Secret Love Story

**A BRUNCH AND LEARN EXPERIENCE** - After enjoying a sumptuous brunch you will meet “Sally Hemings”, slave-wife and love of Thomas Jefferson. Hear her controversial story as she relates her relationship with Jefferson, tells of their offspring and her life in Paris as a free woman. Dr. Nina Haydel, currently teaching at Rider University, will present this first person portrayal of a secret love story.

**Tuesday, August 14 from 11AM – 2:30PM**

Cost: $20  FMV: $15  Charitable contribution: $5
Facilitators: Sandra Tilis • 732-792-3336  Ilene Garlock • 732-928-9571
**MAKE A MEMORY BOOK**

Using envelopes and paper of your choosing, we will construct a mini album memory book in which you can hold memorabilia, photos and other treasures. We will use die cutting as well. No talent or real skills required, just fun.

**Monday, August 20 from 1 – 4PM**  
**Cost:** $12 + paper pad of your choice  
**Facilitator:** Hope Eisman • 732-961-3599

---

**SOUND JOURNEY**

Our Sound Journey class is movement and meditation accompanied by music from around the world. The musical journey begins as you dance to rhythms of Africa and Native America. Then it flows to the melodies of the west as you breathe in the color and sound while meditating in Tibet. You will revitalize your body and balance your energy with breath, dance and healing sound. Release tension and deepen inner joy in a playful and freeing way! Please bring a yoga mat. If you don’t have one and cannot borrow one, please let the facilitator know. Transportation is on your own.

**Wednesday, August 22 from 10:30 - 11:30AM**  
**Location:** CentraState Health Awareness Center  
**Cost:** $16  
**FMV:** $13  
**Charitable contribution:** $3  
**Facilitator:** Stephanie Isaac • 732-833-7414

---

**PONTOON BOAT EXPERIENCE**

Join us for a 45 minute pontoon boat tour around Manasquan Reservoir, in Howell, narrated by a Park System Naturalist. This excursion will give you an opportunity to view local wildlife including turtles, egrets, herons, ospreys, and perhaps a bald eagle. Life jackets will be provided. Life jackets will be provided. If you own them, BRING BINOCULARS!! Remember your sunscreen and water too. Transportation is on your own.

**Wednesday, August 29 from 9:45 - 11AM**  
**Location:** Manasquan Reservoir Visitor’s Center, 311 Windeler Road, Howell NJ  
**Cost:** $10  
**FMV:** $6.25  
**Charitable contribution:** $3.75  
**Limit:** 28  
**Facilitator:** Stephanie Isaac • 732-833-7414

---

**FLIX**

Please join us for an unusual mix of films. *I Daniel Blake* is a gripping human tale about the impact one man can make as he stands up and fights for his dignity. *A Walk on the Moon* is a provocative and sensual story about one woman’s personal sexual revolution in the summer of 1969. *Dough* is a charming story about an old Jewish baker who takes on a young Muslim apprentice to save his failing kosher bakery.

**Fridays – August 31, October 19 and December 14 at 11AM**  
**Cost:** $12 for three sessions  
**Facilitators:** Ruth Pashkin • 732-833-1565  
Beverly Sankovsky • 732-833-2026  
Martie Ross • 732-534-6386
15 HAVE YOU EVEN BEEN TO DELICIOUS ORCHARDS?  

Brandeis is going there on September 5th! Join us as we tour Delicious Orchards in Colts Neck. We will go behind the scenes in the bakery where you will see how they prepare their baked goods. Did you know that they carry 150 varieties of cheeses and 85 different coffees? We will also tour other areas of the store, including the produce and cheese departments. We will sample their delicious cider. After the tour, you may want to have lunch at one of the nearby restaurants. A list will be provided. Transportation is on your own.

Wednesday, September 5 at 10:30AM  
Location: Delicious Orchards, 320 Route 34, Colts Neck  
Cost: $6  
FMV: $0  
Charitable contribution: $6  
Limit: 20  
Facilitator: Ilene Garlock • 732-928-9571

16 TELLING THE STORIES OF OCEAN COUNTY *DESIGNATED EVENT*  

Ocean County has a secret! The Pierson-Sculthorp House in Toms River dates back to the early 1800’s. There is much to learn about its colorful history. Enjoy a tour of the Victorian kitchen, period dining room, parlor, music room and second floor which houses a children’s room with toys from the 1800’s and a classroom, all typical of the Victorian Era. There are also rotating exhibits such as Ocean County fossils, Native American artifacts and even equipment for raising chickens, cranberries and other local foods. Join us and meet the volunteers who are dedicated to “Telling the Stories of Ocean County.” This will be a docent-led tour with minimal steps and a chair lift to the lower floor. Transportation is on your own.

Thursday, September 13 from 1 – 3PM  
Location: Ocean County Historical Society, 26 Hadley Ave., Toms River, NJ  
Cost: $8  
FMV: $3  
Charitable contribution: $5  
Limit: 36  
Facilitator: Lu Certo • 732-428-7262  
Diane Ireland • 732-483-4414

17 YOU ARE PART OF THE PICTURE  

Doug Eisman, our resident artist, will present an interactive program where the participants, guided by a questionnaire he provides, will share their favorite artists and art works with him. You may consider art that deals with social issues, purely decorative art or images and ideas that speak to you for any reason. He will collect the images and create a video for our shared presentation. Exploration through participation will make for an informative, insightful and eventful session!

Friday, September 21 from 1 – 4PM  
Cost: $8  
FMV: $0  
Charitable contribution: $8  
Limit: 20  
Facilitator: Doug Eisman • 732-961-3599

18 67 WORDS CHANGED THE COURSE OF HISTORY  

101 years ago 67 words changed the course of history; in 1917 the Balfour Declaration was written. Why and how did this help to form the basis of reestablishing a Jewish nation for the first time in over 2000 years? What were the origins of this historic document and its consequences (then and now) for the Middle East? Learn the truth about Lawrence of Arabia! Susan Addelston, our super teacher and historian, will guide us through this most impactful event by relaying marvelous stories which include fascinating people and all kinds of intricate relationships. This program is open to spouses and significant others.

Friday, September 28 from 10AM – 12 noon  
Cost: $6 plus cat or dog food  
FMV: $1.25  
Charitable contribution: $4.75  
Facilitator: Sandra Tilis • 732-792-3336
19 THE ETHICIST
Join us for a delicious breakfast at the Park 9 Diner in Freehold. We will discuss questions from the New York Times column, “The Ethicist,” as well as other ethical issues in the news. You can register separately for each session. Transportation is on your own.

19A. Monday, October 1 from 10AM – 12 noon
19B. Monday, December 10 from 10AM – 12 noon
Location: Park 9 Diner, Route 9 and Elton-Adelphia Rd., Freehold
Cost: $4 per session + cost of breakfast  Limit: 25
Facilitator: June Gerstman  •  732-833-6996

20 A CRIMSON HARVEST OF CRANBERRIES *DESIGNATED EVENT*
How many millions of cranberries are harvested in NJ each year? Do cranberries actually float? How is white cranberry juice made? Return with us to Pine Barrens Native Fruits in Browns Mills to learn the answers to all of these questions and much more. Travel by bus down a dirt road which is flanked by cranberry bogs as far as the eye can see to witness the actual harvesting process. Learn the history of the area and the health benefits of the cranberry. Listen to the reminiscences of a “piney” who picked berries by hand in the 1920’s for 10 cents a peck. Share samples of cranberry dishes including cranberry-orange relish, salsa, caramel-dipped cranberries and a cranberry-brie phyllo tart, all of which are included in a recipe booklet for visitors. Transportation is on your own.

Wednesday, October 3 from 9 – 11AM
Location: 1 Pasadena Rd., Browns Mills, NJ (approximately a 40 minute drive)
Cost: $35  FMV: $32  Charitable contribution: $3  Limit: 24
Facilitators:  Jan Thompson  •  732-276-5535  Stephanie Isaac  •  732-833-7414
Ruth Pashkin  •  732-833-1565

21 FALL FOLIAGE EXPERIENCE *DESIGNATED EVENT*
This year we have decided to take a 45 minute, moderate hike around part of the Manasquan Reservoir to view the magnificent fall foliage. Our friend and naturalist, Sam Skinner, will accompany us. The reservoir, located in Howell, is a water resource for surrounding areas and is located on 1,208 acres of woods and wetlands. Wildlife sightings include many endangered and protected species. Remember, bring water and dress according to the weather. Transportation is on your own.

Wednesday, October 24 from 10 – 11AM
Location: Manasquan Reservoir - meeting place to be announced.
Cost: $8  FMV: $5  Charitable contribution: $3
Facilitator: Stephanie Isaac  •  732-833-7414

22 JBJ SOUL KITCHEN LUNCHEON *DESIGNATED EVENT*
Join us at a unique restaurant in Red Bank: the JBJ Soul Kitchen, which is a non-profit Community Restaurant run by the Jon Bon Jovi Soul Foundation, a group that serves paying and in-need customers. It is a place where individuals or families can come to eat a delicious farm-to-table meal in a warm and welcoming setting. We will be served a 3-course meal based on American Regional Cuisine, much of it made from fresh and locally grown organic ingredients. A member of the staff will welcome us and discuss the restaurant’s mission and philosophy. Transportation is on your own.

Thursday, October 25 at 12 noon
Location: JBJ Soul Kitchen, 207 Monmouth Street, Red Bank, NJ
Cost: $25  FMV: $20  Charitable contribution: $5  Limit: 35
Facilitator: Marcy Kupferman  732-928-2866
23  A MORNING OF MUSIC  *DESIGNATED EVENT*
Join us for an informative and enjoyable morning of lovely music with local pianist and music teacher, Alan Wasserman. At this time he will present a program that explores contrasting styles of musical composition. NO STAIRS INVOLVED. Transportation is on your own.
Wednesday, October 31 from 11:30 AM – 12:30 PM
Location: Freehold Music Center 4237 Rt. 9 North (Central Jersey Pools Strip Mall)
Cost: $10  FMV: $5  Charitable contribution: $5  Limit: 25
Facilitators: Sharon Weiss  ▪  732-928-2296  Linda Werner  ▪  732-276-5370

24  SHINING THE LIGHT ON YOUR SUN SIGN  *DESIGNATED EVENT*
“My studies in astrology are fascinating…I have come to the conclusion that at the moment of birth, an individual takes on the characteristic state of the Universe for that moment in time.” Psychoanalyst Carl Jung was on to something. Astrology is a tool which gives insight into why people do what they do. We’ll cover the characteristics of each sign and how the Sun’s placement influences the way a person views and interacts with the world. Knowing this can empower you to connect with the important “others” in your life so you can be better heard and understood. This program will be presented by Marissa Winters, who has been a practitioner and student of astrology for more than 40 years.
Friday, November 2 from 1 - 3 PM
Cost: $10  FMV: $5  Charitable contribution: $5  Limit: 35
Facilitator: Marcy Kupferman  ▪  732-928-2866

25  CELEBRATING 100 YEARS OF LEONARD BERNSTEIN  *DESIGNATED EVENT*
Maestro Anthony LaGruth, former conductor of the Garden State Philharmonic and principal conductor and musical director of the Livingston Symphony Orchestra, returns for another exciting presentation, this time on the dynamic Leonard Bernstein! The music world has never known anyone quite like Bernstein - conductor, composer, educator, pianist and humanitarian. His fabled Young People's Concerts brought music into living rooms across the country and he taught us that music is for everyone. Join us as we explore his life and work. Open to spouses and significant others.
Thursday, November 8 at 1 PM
Cost: $10  FMV: $7  Charitable contribution: $3
Facilitator: Marcy Kupferman  ▪  732-928-2866

26  TED TALKS – Technology, Entertainment and Design
TED Talks are short videos from expert speakers who wish to share a variety of “ideas worth spreading.” TED began in 1984 and has produced thousands of videos in over 100 languages. They cover almost all topics ranging from science to business to global issues. Join us for an afternoon of inspiring, informative and courageous talks. A variety of interesting and relevant videos have been selected just for you!!!
Tuesday, November 13 at 1PM
Cost: $8
Facilitator: Harriet Shapiro  ▪  732-534-5924
27 KNITTING A COWL
Please join us to knit a cowl using the new cake yarns. You will need to know how to knit and purl to do this project. The cowl requires one Caron cake or similar yarn such as Sweet roll. It is worsted/Aran yarn and can be purchased at Michaels or AC Moore. If you prefer a solid color, purchase a skein of about 400 yards. A size 9 knitting needle is needed. The yarn will cost about $5-$8. Remember there are always coupons.

**Wednesdays - November 14 and 28 at 1PM**

**Cost:** $8 + cost of supplies  
**Limit:** 12

**Facilitator:** Linda Ballan • 732-534-4296

---

28 BOOK DISCUSSION – EVERYBODY’S SON
We will be reading and discussing *Everybody’s Son* by Thrity Umrigar. This award winning author takes us on the emotional life journey of a brave black boy abandoned by his crack addicted mother whose life takes a dramatic turn when he is adopted by a prominent white judge and his wife. Issues of racial inequality, family secrets, forgiveness and true love are all examined in this compelling page turner. Extraordinary character development makes this book one that should not be missed.

**Thursday, November 29 from 1 – 3PM**

**Cost:** $6

**Facilitator:** Pat Emmerman • 732-492-1060

---

29 PUFF PASTRY
Making beautiful and fancy puff pastry appetizers and desserts is easy. We will make fake cinnamon buns and a spinach and feta calzone. The skills you acquire will serve you well in your future entertaining. Take home an appetizer and dessert for dinner.

**Thursday, December 6 at 1PM**

**Location:** 3 Exton Way, Jackson

**Cost:** $18  
**Limit:** 7

**Facilitator:** Hope Eisman • 732-961-3599

---

We want to thank the members who worked so diligently to put together our fabulous Harmony Chapter Offerings. We also would like to recognize our dedicated members who facilitate our programs.

Please help us plan our future Harmony Chapter events. Tell us if you have a talent, interest or personal connections you’d like to share. Since we always work as a team, you’ll have support and guidance in your endeavors.

Looking forward to hearing from you,

Marcy Kupferman and Ilene Garlock
SAVE THE DATE FOR THESE ADDITIONAL EVENTS!!
WATCH FOR DETAILS AT A LATER DATE

**August 7 – SUMMER GAMES.** ONCE AGAIN, by popular demand, we are holding the SUMMER GAMES. Relax playing card or tile games with friends and enjoy a light lunch as well.

**August 16 – BUS TRIP TO NEMOURS MANSION AND GARDENS AND LUNCH AT HOTEL DUPONT.** We will visit the 300-acre country estate of the late industrialist and philanthropist Alfred I. duPont. Its 105 rooms are filled with artwork and furnishings. The gardens/landscape park comprise the largest and most developed French formal garden in North America. After a guided tour of the mansion and gardens we will have lunch at the Hotel duPont in the elegant Green Room. The Green Room is famous for its lavish design elements and has welcomed guests since 1913.

**October 10 – BUS TRIP TO WHEATON ARTS AND CULTURAL CENTER AND SMITHVILLE.** Wheaton Arts and Cultural Center is a village surrounding the Museum of American Glass, housing the most comprehensive collection of glass produced in America. Watch world-class art created in the glass studio, tour the Museum, and browse through the craft stores in the village. We will stop in Mays Landing for lunch and visit Smithville, a recreated village of shops and craft stores.

**October 18 – DOOLAN’S SHORE CLU** , Spring Lake. Have a fun-filled ‘OLD TIME ROCK ‘N ROLL’ afternoon with the fabulous Reflection Show Band who will be performing an American Bandstand review you know by heart – the Golden 50s, 60s and 70s, plus a hilarious comedian and dancing. A one-hour open bar will be followed by a complete lunch.

**December 4 – General Meeting**

**December 11 - Registration**
NAME ________________________________ DATE ____________________

STUDY GROUP ________________________________

CREDIT of $5 - VALID FROM 7/1/18 – 6/30/19

This certificate entitles the above member to a $5 credit towards the following class(es) ONLY which appear in BNC Guides during the specified time period - Line Dancing, Low-Impact Exercise, Canasta, Make a Memory Book, Flix, The Ethicist, Knitting, Ted Talks, Book Discussion, Puff Pastry.

These credits may be used individually or can be combined. Credits are not valid for designated events, trips and special events.

PLEASE INCLUDE THIS CERTIFICATE WHEN YOU REGISTER. PLACE THIS CERTIFICATE ALONG WITH YOUR CHECK IN AN ENVELOPE for the class(es) that you select. DEDUCT THIS AMOUNT FROM the cost of the individual class(es).

YOU ARE RESPONSIBLE FOR USING THIS CREDIT NOTICE.
<table>
<thead>
<tr>
<th>Prog #</th>
<th>Date/Time</th>
<th>Program</th>
<th>Cost</th>
</tr>
</thead>
<tbody>
<tr>
<td>1A</td>
<td>Tuesdays – July 3,10,17,24,31, Aug. 21,28 from 10:30-11:30AM</td>
<td>Line Dancing</td>
<td>$40</td>
</tr>
<tr>
<td>1B</td>
<td>Thursdays – July 5,12,19,26, Aug. 2,9,23,30 from 10:30-11:30AM</td>
<td>Line Dancing</td>
<td>$45</td>
</tr>
<tr>
<td>1C</td>
<td>Tuesdays – Sept. 4,25, Oct. 2,9,23,30, Nov. 13, 20 from 10:30-11:30AM</td>
<td>Line Dancing</td>
<td>$45</td>
</tr>
<tr>
<td>1D</td>
<td>Thursdays - Sept. 6,13,20,27 October 4,11,18 from 10:30-11:30AM</td>
<td>Line Dancing</td>
<td>$40</td>
</tr>
<tr>
<td>2B</td>
<td>Thursdays – July 5,12,19,26, Aug. 2,9,23,30 from 11:40AM-12:25PM</td>
<td>Low-Impact Exercise to Music</td>
<td>$40</td>
</tr>
<tr>
<td>2D</td>
<td>Thursdays, Sept. 6,13,20,27 October 4,11,18 from 11:40AM-12:25PM</td>
<td>Low-Impact Exercise to Music</td>
<td>$35</td>
</tr>
<tr>
<td>3</td>
<td>Friday, July 6 from 1 – 3PM</td>
<td>Laughter is the Best Medicine</td>
<td>$12</td>
</tr>
<tr>
<td>4</td>
<td>Tuesday, July 10 from 1 - 3PM</td>
<td>Jackie Kennedy Onassis</td>
<td>$8</td>
</tr>
<tr>
<td>5</td>
<td>Wednesdays, July 18 at 11AM; July 25 and August 1 at 10AM</td>
<td>Canasta</td>
<td>$10</td>
</tr>
<tr>
<td>6</td>
<td>Monday, July 30 from 10:30 - 11:30AM</td>
<td>Aging Well-The New Normal</td>
<td>$19</td>
</tr>
<tr>
<td>7</td>
<td>Tuesday, July 31 at 1PM</td>
<td>Finding Your Roots-Genealogy</td>
<td>$8</td>
</tr>
<tr>
<td>8</td>
<td>Monday, August 6 from 3 - 4:30PM</td>
<td>Never Forget a Name</td>
<td>$18</td>
</tr>
<tr>
<td>9</td>
<td>Wednesday, August 8 at 12:30PM</td>
<td>A Taste of Italy at La Cipollina</td>
<td>$38</td>
</tr>
<tr>
<td>10</td>
<td>Tuesday, August 14 from 11AM – 2:30PM</td>
<td>A Secret Love Story</td>
<td>$20</td>
</tr>
<tr>
<td>11</td>
<td>Monday, August 20 from 1 – 4PM</td>
<td>Make A Memory Book</td>
<td>$12</td>
</tr>
<tr>
<td>12</td>
<td>Wednesday, August 22 from 10:30 - 11:30AM</td>
<td>Sound Journey</td>
<td>$16</td>
</tr>
<tr>
<td>13</td>
<td>Wednesday, August 29 from 9:45 -11AM</td>
<td>Pontoon Boat Experience</td>
<td>$10</td>
</tr>
<tr>
<td>14</td>
<td>Fridays – Aug. 31, Oct. 19 and Dec. 14 at 11AM</td>
<td>Flix</td>
<td>$12</td>
</tr>
<tr>
<td>15</td>
<td>Wednesday, September 5 at 10:30AM</td>
<td>Delicious Orchards</td>
<td>$6</td>
</tr>
<tr>
<td>16</td>
<td>Thursday, September 13 from 1 – 3PM</td>
<td>Telling The Stories of Ocean Cty.</td>
<td>$8</td>
</tr>
<tr>
<td>17</td>
<td>Friday, September 21 from 1 – 3PM</td>
<td>You Are Part of the Picture</td>
<td>$8</td>
</tr>
<tr>
<td>18</td>
<td>Friday, September 28 from 10AM – 12 noon</td>
<td>67 Words Changed History</td>
<td>$6</td>
</tr>
<tr>
<td>19A</td>
<td>Monday, October 1 from 10AM – 12 noon</td>
<td>The Ethicist</td>
<td>$4</td>
</tr>
<tr>
<td>19B</td>
<td>Monday, December 10 from 10AM – 12 noon</td>
<td>The Ethicist</td>
<td>$4</td>
</tr>
<tr>
<td>20</td>
<td>Wednesday, October 3 from 9 – 11AM</td>
<td>Crimson Harvest of Cranberries</td>
<td>$35</td>
</tr>
<tr>
<td>21</td>
<td>Wednesday, October 24 from 10 – 11AM</td>
<td>Fall Foliage Experience</td>
<td>$8</td>
</tr>
<tr>
<td>22</td>
<td>Thursday, October 25 at 12 noon</td>
<td>JBJ Soul Kitchen Luncheon</td>
<td>$25</td>
</tr>
<tr>
<td>23</td>
<td>Wednesday, Oct. 31 from 11:30 AM – 12:30 PM</td>
<td>A Morning of Music</td>
<td>$10</td>
</tr>
<tr>
<td>Date</td>
<td>Time</td>
<td>Event</td>
<td>Cost</td>
</tr>
<tr>
<td>----------------------</td>
<td>---------------</td>
<td>--------------------------------------------</td>
<td>-------</td>
</tr>
<tr>
<td>24</td>
<td>Friday, November 2 from 1 - 3 PM</td>
<td>Shining Light on Your Sun Sign</td>
<td>$10</td>
</tr>
<tr>
<td>25</td>
<td>Thursday, November 8 at 1 PM</td>
<td>100 Years of Leonard Bernstein</td>
<td>$10</td>
</tr>
<tr>
<td>26</td>
<td>Tuesday, November 13 at 1PM</td>
<td>Ted Talks</td>
<td>$8</td>
</tr>
<tr>
<td>27</td>
<td>Wednesdays - November 14 and 28 at 1PM</td>
<td>Knitting A Cowl</td>
<td>$8</td>
</tr>
<tr>
<td>28</td>
<td>Thursday, November 29 from 1 – 3PM</td>
<td>Book discussion-Everybody’s Son</td>
<td>$6</td>
</tr>
<tr>
<td>29</td>
<td>Thursday, December 6 at 1PM</td>
<td>Puff Pastry</td>
<td>$18</td>
</tr>
</tbody>
</table>

ADDITIONAL SUPPLIES MAY NEED TO BE PURCHASED FOR SOME EVENTS