

BALI Banner

A Brandeis University Program
www.brandeis.edu/bali
781-736-2992

Brandeis Adult Learning Institute

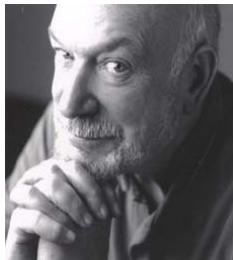
May 2004

A VISION FOR BALI

by Max Potter and Richard Glantz



BALI is now ending its fourth year and, by all measures, it has been a great success. There is a large and committed



membership, a diverse and extensive curriculum, and support and respect from the host University. Furthermore, recent grants from outside agencies bear witness that BALI is beginning to be recognized as a leader among ILRs.

The Council has established a small Strategic Planning committee to consider BALI's next directions. If we know where we want to go, then we can take appropriate steps to ensure we reach our goals.

The first step by the Committee was to perform a four-quadrant analysis:

- | | |
|-------------------------------------|--|
| <input type="checkbox"/> Successes | <input type="checkbox"/> Opportunities |
| <input type="checkbox"/> Weaknesses | <input type="checkbox"/> Threats |

Our successes are covered in the first paragraph of this article. Our weaknesses are well-known: limited space and limited classroom hours. Our opportunities lie in the demographics: the burgeoning market for adult learning, intensified by the oncoming wave of baby-boomers. The threats come from competition from universities, religious institutions, and independent adult learning centers.

What attractive features distinguish BALI from

other ILRs? We believe they are Lunch and Learn, a sense of community, easy parking, and affinity groups (e.g., New Yorker Discussion Group, memoir-writing group, and Shutterbugs).

Who are our customers? We believe they are people who have completed a stage of life successfully and are seeking a new meaningful chapter in their lives.

The Committee came up with Five-Year and Ten-Year visions, summarized as follows:

Five-Year

- find suitable dedicated facilities and equipment
- attract and train qualified peer SGLs
- expand program to 4 days, 10-months
- grow membership to 500
- expand offerings; e.g., day-trips & foreign travel
- foster affinity groups
- employ diverse curriculum & teaching methods
- establish closer ties to Brandeis; e.g., SGLs as guest lecturers, grad. students as assistant SGLs

Ten-Year

- be the nationally recognized leader among ILRs
- offer contiguous housing (like Lasell)
- offer distance-learning programs

Above all, we must be vigilant that growth does not come at the price of losing our "distinguishers", such as community intimacy and volunteerism.

The Committee views its work as a first pass. If you have thoughts that would be helpful, contact Sy Raboy, Committee Chair, at scrvt@rcn.com.

AN OASIS OF BEAUTY

by Tamara Chernow



Mount Auburn Cemetery is a beautiful, historic landscape easily accessible to everyone living in this area. It's over 170 years old and has an impressive collection of more than 5,500 trees, including nearly 700 species and varieties.

Thousands of shrubs and herbaceous plants weave through 175 acres of hills,

dells, ponds, woodlands, and clearings. The landscape changes dramatically with the seasons and seems to always offer something new. It was designed to reflect different styles ranging from Victorian-era plantings to contemporary gardens, and from sweeping hilltop vistas to small enclosed spaces. It is easy, and indeed desirable, to get delightfully lost within its charming boundaries.

It is also an outdoor museum of 19th, 20th, and 21st century sculpture and architecture and a sanctuary for birds and other wildlife in a busy urban environment. The great variety of monuments, commemorating both the famous and the now-forgotten, make the Cemetery an irresistible place to study history. These many elements work in harmony to create a special place for quiet reflection and inspiration.

Mount Auburn is the final resting place of thousands of distinguished people, including Nathaniel

Bowditch, Charles Bulfinch, Mary Baker Eddy, Isabella Stewart Gardner, Oliver Wendell Holmes, Julia Ward Howe, Henry Wadsworth Longfellow, and Bernard Malamud.

Maps and materials about the Cemetery are available at the Entrance Gate. A staff person is on duty from 8:30 A.M. to 4 P.M. daily to greet visitors and answer questions, or you may simply wander aimlessly and discover the Cemetery's many wonders on your own. A one-hour driving tour and two 75-minute walking tours are available on tape cassettes and CDs for purchase or rental (8:30 A.M. to 2 P.M. daily at the Entrance Gate). Rental audio players are available or bring your own.

The Cemetery offers interpretive materials and public programs that help the public appreciate the Cemetery's history and design. To receive a program schedule by mail, send your address to friends@mountauburn.org. For recorded

information about current programs, telephone 617-547-7105, ext. 821, or visit www.mountauburn.org.

For a list of the birds that can be found within the Cemetery, click on the word "Links" on the home page.

The Cemetery, located at 580 Mount Auburn Street on the Watertown/Cambridge line, is open from 8 A.M. to 5 P.M. (until 7 P.M. May through September) every day of the year. Admission is free.

LET THE GOOD TIMES ROLL

Join BALI members, family and friends for a guided historic tour of Mount Auburn Cemetery
Friday, May 14th at 10:30 A.M.

The walking tour will last 90 minutes and cost \$10 per person
Those wishing to have lunch together following the tour will meet at a nearby restaurant

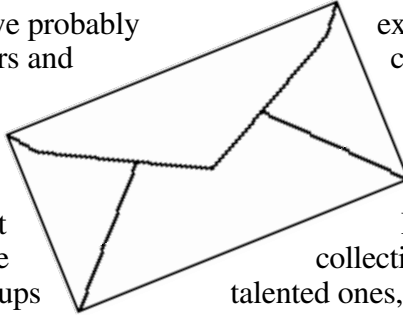
Space is limited. Reserve early - no later than Thursday, May 6.
To register or for more information, contact Elaine Dohan, 508-481-4172 edohan@comcast.net
or Eileen Mitchell, 617-969-6786 mitchellmail@comcast.net

DEAR BALI, . . .

BALI Art Show

I am guessing that there are lots of artists and craftspeople in our BALI membership. I know we have painters and photographers, and we probably have fabric artists, woodworkers, potters and more.

Wouldn't it be nice to have an exhibition of the work of these artists and artisans at an appropriate location at Brandeis during the fall term? We share intellectual ideas through our study groups and Lunch and Learn, we share creative writing through the BALI Journal, and we could share the artistic side of BALI members through an exhibit.



Anyone who is interested in either planning this event with me or exploring the idea of exhibiting their artistic output should contact me. If there are enough people who are willing to get involved in this project, we can make it happen.

Let's show another facet of our collective talent! If you are one of the talented ones, or know of others, please email me at belliox319@rcn.com, fax me at 617-244-8921, or call me at 617-244-8921. Don't be modest.

-- *Bud Elliott*

COUNCIL ELECTION RESULTS

☆☆☆

Three-year term

Len Heier
Lenore Goldstein
Harriet Kahn
Phyllis Markowitz

One-year term

Leona Curhan
Gloria Oldsman

BALI Annual Meeting

Tuesday, May 11th

The Annual Meeting will be held in Sherman Hall in the Hassenfeld Conference Center, from 1:30 to 4 P.M.. Refreshments will be served.

Our speaker is Jean Eddy, senior vice-president for Students and Enrollment.

BALI Woodwind Concert

Tuesday, May 18th

Our own Matt Ruggiero will conduct his woodwind ensemble in Slosberg Concert Hall.

- Celebrate the end of BALI's 4th year
- Honor our Study Group Leaders
- Enjoy yourself in a royal manner

Wine and cheese reception begins at 7:15 P.M.
Concert begins at 8:00 P.M.

Tickets are \$25. Purchase tickets at BALI or call Carol Morton at 781-736-2992.

Memory and Cognition Open House

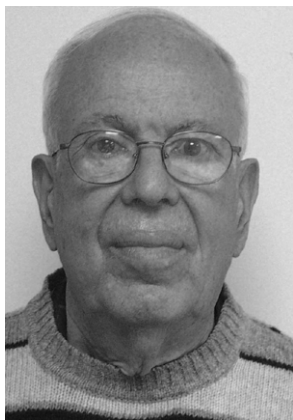
Wednesday, June 23rd

The Memory and Cognition Lab work depends on studies with active volunteers over age 55. Quite a few BALI members have participated in our interesting, non-invasive studies. Thanks to you, there have been great strides made toward understanding how aging affects our mental processes. Please join us for informative talks, demonstrations, refreshments, and lively conversations. Sessions begin at 10 A.M. and at 2 P.M.

Call 781-736-3273 for more information.

PRIMUM NON NOCERE

by Bill Rachlin



As physicians, we strive for patient autonomy, helping when possible — at least doing no harm — and making certain society benefits from an equitable distribution and optimal use of resources.

“What should I do now” when my loved-one cannot communicate her wishes?

By using a *health care*

proxy you can designate authority for all medical decisions to a family member or friend. This requires prior discussion, comprehension, and mutual trust so that the patient’s wishes will really be carried out. The proxy provides for all contingencies and will be recognized by doctors, hospitals, and the law. Courts in the United States prefer to avoid *right to die* decisions, considering these matters more appropriate for family and physician, rather than judicial, determination.

Hospitals have monitoring systems, which include nurses, residents, staff physicians, and others trained to observe constantly how cases are handled, and to report instances of substandard care. The Chief of Service can restrict privileges or cancel them completely if a physician’s performance is unsatisfactory. Beyond that, the Board of Registration in Medicine has a disciplinary function,

up to and including revocation of license. Malpractice suits do not qualify as quality-control. Numerous studies have shown no correlation between lawsuits and quality of medicine practiced.

Privacy forms means that your records belong to you, not the physician, and you have the right to access your records (with some psychiatric and other exceptions). These rights may be overridden for the sake of your health or the health of others. For example, certain visual impairments must be reported to the Registry of Motor Vehicles. Measures to avoid unauthorized electronic access to medical records are being continually strengthened, as hospitals, physicians, and lawyers recognize the ethical and legal irregularities involved.

Informed consent means that the patient must be told the reasons for and risks of a procedure in terminology he understands. In the United States, the criterion is what a reasonable patient would want to know in order to make an enlightened decision about a recommended procedure. Do not be afraid to ask questions—your doctor will still give you her best care (it’s her oath). A research subject can refuse to participate or withdraw at any time (no reason needed) with no detriment to the doctor-patient relationship and no interference with treatment. Coercion or misleading promises are strictly forbidden.

Be an informed patient.

TO YOUR GOOD HEALTH

JUST THE FACTS, MA’AM

by Elaine Dohan

www.Refdesk.com indexes quality Internet sites and offers assistance in navigating these sites quickly, easily, and comprehensively.

One can search through 3,500 U.S. or 1,500 international newspapers, or check “First Things First” to get a quick report on the happenings of the day. Refdesk also provides such diverse references as a currency converter, Roget’s Thesaurus, crossword puzzles, and lists of search engines and how to use them. It even has a Homework Helper. This site is a surfer’s paradise.

LOCATION!
LOCATION!
LOCATION!

THE ATTACHMENT ADJUNCT

by Sherm Okun and Len Heier

TECH TALK

An increasingly important feature of email programs is their ability to include “attachments”. Think of a package you might ship via the postal service that contains a letter to the recipient as well as any object which fits in the box. An email containing an attachment is simply a message sent from your computer to which a file is appended.

Attachments are extremely valuable because they significantly enhance the value of the email. Typical attachments are word processing documents, photographs, video clips, other emails, computer programs, and anything else which “fits” the constraints of your Internet Service Provider (ISP). This article gives a brief overview of how to expand your repertoire of email skills by using attachments.

Sending an attachment is easy. First, prepare a regular email message just as you normally would. Then, locate the desired attachment file on your computer and add it to the message as described below. Finally, send the email message to your recipient in the normal manner.

The exact procedure for incorporating an attachment varies somewhat, depending on your system. Most systems have several ways to accomplish this task, usually by providing a button on the email form, identified as *attach* or *attachment* or *insert* and sometimes marked by a paperclip icon. When you click on this button, a “dialog box” appears to let you browse through your computer to find the item to be attached. When the file is located, apply the attachment by following the prompts you are given. To add more than one attachment, repeat this process for each additional file. Before sending the

message, look carefully at the email form to confirm that the desired attachments have been accomplished.

When you receive an email containing an attachment, you must take additional steps to view and/or save that attachment. When the email is opened, your screen will distinguish the attachment(s) in various ways, depending on your particular system. Again, look for the words *attach* or *attachment*, or a paperclip icon. You should also see the names of the attached files accompanied by an icon which identifies the type of file. Most attachments you will receive can be viewed by double clicking on this icon to initiate the appropriate program to open the file. Using this program you can view the file contents and then save it on your computer in a place of your choosing.

For AOL users a different procedure must be followed to “deliver” the attachment to your computer. Click on the button identified as *download*, select *download now*, and when the “dialog box” opens, specify the location into which the file will be stored. After the download is completed, you must locate that file on your computer and open it with the appropriate program.

We will continue our email discussion, explaining further the complexities of opening different types of attachments, in the next Banner issue. In the meantime, if

you have questions contact one of the authors or go to one of the following Web sites:

www.aarp.org/computers-howto/

or

help.stargate.net/mailnews/attachments.shtml



The May New Yorker Discussion Groups will be held on Wednesday, May 12 at 2:00 P.M. and on Thursday, May 20 at 9:30 A.M.

BALI: A PARTICIPATIVE COMMUNITY

by Myrna Cohen



There are many opportunities for members to volunteer at BALI for either long or short term commitments. If you are willing to get involved, every effort will be made to find an area of interest for you.

Every Wednesday and Thursday, volunteers are visible at the BALI table,

assisting with room set-ups, and generally helping where needed. Any day of the week, the BALI office on the hill is a busy place needing help with mailings, data entry, phone calls, and other tasks. The “behind the scene” activities which further the events and programs of BALI need volunteers to

serve on the various committees such as Curriculum, Hospitality, Lunch and Learn, Membership, Strategic Planning, Study Group Leader Resource, Technology, and University Coordinating. Put your writing talents to work on the BALI Banner or the BALI Journal.

There are also opportunities to work on short-term projects. The hours are flexible, the pay is poor, but the rewards are great! Come and work in a warm, congenial atmosphere, meet new friends, and help keep BALI’s cost down. We look forward to hearing from you!

Volunteer forms may be found at the Gathering Place on Wednesday and Thursdays or you can contact Myrna Cohen, Volunteer Coordinator, at myrna.cohen@comcast.net or 617-969-6878.

BALI SHUTTERBUGS

A new affinity group has formed at BALI: the Shutterbugs. We are a group of serious amateur photographers who would like to take our classroom learning out to the field.

In March, we visited the Rhode Island School of Design to view an exhibit by noted photographer Aaron Siskind. Recently, we went on a professionally guided tour of Beacon Hill to capture the details of doorways, cornices, and cobblestone streets that most pedestrians look at but don’t really see.



The Beacon Hill Gang

(Arlene Veron, Betty Freedman, Fred Stavis, Joel Freedman, Richard Glantz, Ira Holtzman, Natalie Taub, Harry Veron, Barry David, Len Heier)

Anyone interested in photography is welcome to join us. To get on our emailing list, send your name to glantz@alum.mit.edu.

CALL ME IRREPRESSIBLE

by *Leo Poverman*



And irrepressible Robert Goepfert is. One has but to be in one of his classes on Classical music to feel his enthusiasm, excitement, love for music, and most importantly, his love for sharing all of this with his students.

Bob started academic life by getting an Electrical

Engineering degree from Cooper Union but clearly that wasn't any fun, so off he went to the New England Conservatory for a Masters in Music and to Boston University for a Doctorate, which was awarded in 1981.

But Bob was not one to just tread a dull academic path. He was awarded a prestigious grant to travel and study in Europe in the mid 60s, where he studied with Bruno Seidlhofer in Vienna and with the fabled Nadia Boulanger in Paris. I looked up Bob when I was in Vienna and thought I would find him practicing assiduously in some studio. Instead he was bringing back "the sound of music so tender" in an upscale cocktail lounge, much to the delight of the Viennese. As all of the people in his classes know, Bob feels you should have a good time at whatever you do.

Real life eventually set in. He spent 35 years teach-

ing at Anna Maria College in Worcester, where he was a full professor and Chair of the Music department for many years. Bob has given many recitals in Boston, New York, and Worcester, while maintaining a considerable load of private lessons for advanced students.

I met Bob when I was courting my wife, Sue, almost 40 years ago, and she wanted to see if I would pass muster with some of her friends. Goepfert, and several of her fellow singers from the choir at Emanuel Church, came to dinner. Bob was ebullient, witty, and "younger than springtime".

We know Bob as a teacher. In his lectures, he makes many gastronomic allusions. His message is that music may be food for the soul but, properly understood, it is nourishment for the intellect.

CLASSROOM HIGHLIGHTS

While he guides you along the musical "stairway to the stars," he puns, he jokes, he giggles, he enjoys the music, and more importantly, he enjoys us, his students.

Bob Goepfert is still teaching advanced private students from his home in Newton, and he might be open for an additional student or two.

And Bob, "more than you know", your classes at BALI have had our hearts skip and our minds leap. Your irrepressible manner communicates your joy of music and your joy in teaching. Keep up the beat. "Getting to know you" has been fun.

The **BALI Banner** is published by the Banner Editorial Committee:

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Email us at:
BALIBanner@aol.com

Len Heier, *Photographer*

This is Elaine Dohan's last issue on the BALI Banner. For three years, she has contributed mightily as co-editor.

*We're sad to say farewell to Elaine Dohan.
Her sharp blue pencil made sure prose was flowin'.
When authors would frown,
Elaine stood her groun';
But her warm smile had them leave the room crown'.*

CALENDAR OF CAMPUS EVENTS

compiled by Charles Raskin

SLOSBERG RECITAL HALL

May 8 (3 P.M.)

Student Recital

Mezzo-soprano Grace Allendorf with pianist Jennifer Honen
Music of Haydn, Brahms, de Falla, and Britten

May 8 (8 P.M.)

Student Recital

Soprano Rebecca Incledon with pianist Charlotte Howell
Music of Monteverdi, Strozzi, Haydn, Wolf, and Poulenc

May 9 (7 P.M.)

Student Recital

Violinist Zack Ebin with pianist Eric Masonson
Music of Tartini, J. S. Bach, Paganini, and Bruch

May 9 (3 P.M.) and May 10 (8 P.M.)

Student Recital

Soprano Lianna Levine with pianist Jennifer Honen
Music of Handel, Schubert, Brahms, Strauss, Debussy, Ravel, and Faure

May 15 (7 P.M.)

Brandeis Jazz Ensemble

Compositions by the legendary bassist Charles Mingus, under Director Bob Nieske, with an introduction by Celia Mingus Zaentz. Reception at The Rose, featuring New Orleans cuisine and 10 "talking basses" throughout the museum. Admission: \$75

EPSTEIN HALL

(Women's Studies Research Center)

781-736-8102

Opening Celebration for Judith Morton's Sculptures

May 6 (5:30 P.M.)

Judith Morton's contemporary sculptures are a meditation on the Twelve Tribes of Israel and re-envision the family of "man" to highlight and include the missing women. Anita Diamant, author of *The Red Tent*, will comment on the "Tribe" of Dinah. Judith Morton will discuss her steel sculptures. Entertainment provided by the *Starving Artists*, a student *a cappella* group.

The exhibition continues until July 8, weekdays, 9 A.M. - 5 P.M..

ROSE ART MUSEUM

May through July

(Louis Foster Wing)

A new large-scale installation by artist Barry McGee. The artist's complex works, combining mural-like paintings, texts, photographs, drawings, and found objects, convey the vitality and sense of alienation of contemporary urban life.

(Mildred S. Lee Gallery)

Five animated movies by South African artist Robin Rhode. His works are a combination of drawings and performance. The artist approaches his unconventional practice through popular culture, hip-hop, sports, and fashion.

May 19 (7 P.M.)

Gallery dealers Barbara Krakow, of Boston, and Ronald Feldman, of New York will discuss collecting contemporary art. Admission is free.