No one can do everything

deis
IMPACT!
Exploring Social Justice on Campus,
in Waltham & Around the World
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but everyone can do something

It doesn’t take much to change the world. You can make an impact with ten minutes, a few hours, or a summer. You can mentor a child, teach an immigrant English, or help feed the hungry worldwide. Need some ideas?
Compiled by Alyssa Ross, ’06

Ten Minutes
1) **Join one of Amnesty’s campaigns**! Whether you’re interested in arms control or promoting fairer trade, visit [www.amnesty.org](http://www.amnesty.org).

2) **Start or participate in one of Change.org’s petitions**. Support one of the many featured petitions or start your own and share with those in your network. Visit [www.change.org](http://www.change.org) for active petitions needing your signature or start your own petition for an issue you care about.

3) **Support Waltham youth**! Stop in More than Words café and bookstore for a cup of Joe and help this great nonprofit business aimed at “empowering the youth to take charge of their lives by taking charge of a business.” Visit [http://mtwyouth.org](http://mtwyouth.org) for additional information.

4) **Waging Peace Close to Home**! Make a kind gesture once a day to a stranger (open a door, let someone go first, say something cheerful to a person standing in line with you); try listening to others with full attention; try not to talk about someone who is not with you; diffuse a contentious situation when one arises. (From Linda Bond, *Inventory* event artist and WSRC Scholar).

> “Until the great mass of the people shall be filled with the sense of responsibility for each other’s welfare, social justice can never be attained.” ~Helen Keller

One Hour
1) **Teach English**. The Brandeis ESL Learning Initiative provides free English language tutoring to all interested Brandeis employees. For information, contact Rachael Goldstein ([rachiebg@brandeis.edu](mailto:rachiebg@brandeis.edu)).

2) **Sound off to your political representatives**. Let them know your views on the issues that most concern you. Visit [http://www.house.gov/writerep/](http://www.house.gov/writerep/).

3) **Be a mentor**. Get involved in the Waltham Group’s Big Brother/Big Sister program. By spending just a few hours a month with a local child, you could have a tremendous impact on his or her life. To get involved, contact the Waltham Group ([walthamgroup@brandeis.edu](mailto:walthamgroup@brandeis.edu)), or Community Service Director Lucas Malo ([lmalo@brandeis.edu](mailto:lmalo@brandeis.edu)).

4) **Join a club**. Check out one of the student clubs sponsoring one of the talks during ‘DEIS Impact Week and get involved!

5) **Cheer up a senior citizen or a sick patient**. Anyone is welcome to participate in Hillel’s “Generations” program, in which students pay a monthly visit to senior citizens living at Coleman House, or “Prachim” program to pay a weekly visit to patients in a local hospital. Contact Keren Gorban ([keren116@brandeis.edu](mailto:keren116@brandeis.edu)) or Julia Moorad ([jmoorad@brandeis.edu](mailto:jmoorad@brandeis.edu)).

> How wonderful is it that nobody need wait a single moment before starting to improve the world. ~Anne Frank

One Day
1) **Build a house** for an impoverished family. Habitat for Humanity helps to provide poor families with places to live. To get involved, visit the Boston Area’s Habitat for Humanity website at [http://www.habitat.org/](http://www.habitat.org/).
Two Summer Opportunities

1) **Volunteer at a Boston area food bank.** Spend a few hours or a few days volunteering with the Greater Boston Food Bank. For information, visit the food bank at www.gbfb.org, or contact the Waltham Group or Hillel.

   "I cannot say whether things will get better if we change; what I can say is that they must change if they are to get better." ~Georg Christopher Lichtenberg

One Summer

   Change does not necessarily ensure progress, but progress implacably requires change. ~Henry Steele Commager

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1) **Intern at THRIVE Gulu.** THRIVE Gulu is a nonprofit organization dedicated to providing a center for community gathering and trauma healing in Gulu, Uganda. THRIVE Gulu offers internships for both undergrads and graduate students in a variety of areas including women’s empowerment, literacy and computer instruction, and arts and filmmaking. For more information, visit http://www.thrivegulu.org/.

2) **Be a Sorensen Fellow with the Brandeis University Ethics Center.** “We give you $4000, you change the world.” Every summer, the Ethics Center supports six students to do summer internships anywhere in the world related to ethics. Visit brandeis.edu/ethics/atbrandeis/sorensenfellowship

3) **Fund your internship through World of Work Fellowship!** Do you want to intern for a particular organization but they only have unpaid internships? The World of Work (WOW) fellowship through the Hiatt Career Center offers Brandeis students to financial assistance to complement the unpaid internship. For additional information, contact Jackie Blesso at blesso@brandeis.edu, or come to “Fund Your Social Justice Internship” Friday, February 8, 2013 at 12 noon in the Hiatt Career Center.

4) **Start a Small Business.** Creating your own start-up is easy when you consider the high availability of intellectual resources we have at Brandeis, and the high availability of economic and financial resources available in the US. Creating your own start-up is a great learning adventure that if successful, will create jobs directly in your community. The IBS 3-Day Startup Challenge is a great resource to find likeminded people to develop an idea, form a team, and give it a try! See http://brandeis.3daystartup.org/ (proposed by Enrique Levin, Grad Do-ers Club)

5) **Look for internships locally or combined with study abroad opportunities.** For example, DIS Copenhagen has a summer program called "HIV/AIDS in Western Europe." Possible internship sites are AIDS Action Committee of Massachusetts: http://www.aac.org; Partners in Health http://www.pih.org

6) **Gain legal experience and fight for immigrant rights.** Volunteer at Somerville’s Centro Presente assisting the legal department in the provision of services for Latino immigrants. This is a great opportunity to learn about immigration law and the current challenges the Latino immigrant community is facing. For information, contact Carlos Galvez at (617) 629-4731, extension 222.

7) **Teach English Overseas.** Global Routes, an international service organization, has a variety of programs that enable college students to teach a variety of subjects to children in many different countries. Visit www.globalroutes.org.

This list is neither exhaustive, representative, nor balanced but hopefully has given you some ideas.

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