

# LOSE WEIGHT. FEEL GOOD.

WEIGHT WATCHERS  
**MEETINGS**  
WITH MONTHLY PASS\* ARE HERE.



## MONTHLY PASS DELIVERS MORE CONVENIENCE AND FLEXIBILITY.

- > Access to At Work meetings\*\* and unlimited local community meetings
- > Guidance from a leader and support from people like you
- > FREE eTools... People who attend Weight Watchers meetings and use e-Tools lose 50% more weight than those who just attend meetings†
- > Monthly Pass automatically renews each month

*Available in participating areas only.*



Learn more and sign up for Monthly Pass.



DATE **Tuesday, November 29**  
TIME **11:30am - 12:15pm**  
LOCATION **Levine-Ross, Hassenfeld Conference Center**  
CONTACT **Dianne Klayman, [dklayman@brandeis.edu](mailto:dklayman@brandeis.edu), 6-4470**  
WEB **[www.brandeis.edu/humanresources/benefits/wellness/weightwatchers.htm](http://www.brandeis.edu/humanresources/benefits/wellness/weightwatchers.htm)**

\* Monthly payment is required in advance. You will automatically be charged each month in accordance with your company pricing until you cancel. Monthly Pass is sold in participating areas only; may not be accepted for local community meetings and/or At Work meetings in all areas.

\*\* Available only in participating areas in the U.S. Minimum enrollment required to start an At Work meeting, minimum attendance required to maintain the At Work meeting.

† Based on 24 week study; Nguyen, V. et al. Obesity 15 (9s): A221, 2007.

Weight Watchers is a registered trademark of Weight Watchers International, Inc.