Human Resources is offering the following workshops:

**For Non-Managers: How to Make the Most of Your Performance Review**

It is once again time for annual performance reviews. This workshop will provide employees with the tools and information necessary to make the most out of your performance review. Participants will learn the following:

- How to accurately document your performance
- Creating a “Yay me!” file highlighting your accomplishments
- Thinking about what would be helpful for professional growth
- How to have a productive conversation with your supervisor

The workshop will be offered as follows:

Monday, April 14 9:30-11:30 a.m.  HR Conference Room

*Light refreshments will be served*

To register for this workshop, please click on the following link:

https://brandeis.wufoo.com/forms/nonmanagers-performance-review-tips-v-41414/

**The Lemberg Children's Center is offering:**

**Managing Your Child’s Anger: Effective Tools for Teaching Conflict Resolution**

First presentation: February 27th or March 6th, OPEN to public

Ongoing parent discussion group: Thursdays 12PM-1PM

Dates: March 6th – May 15th, 2014

Location: Shapiro Campus Center, room 314

Children, like adults, get angry—this is a natural feeling, however, how they react is important in learning how to participate in a social setting. They express their feelings in ways that depend on their ages, what they can understand and what they can do. Howie Baker and Karen Gutterman of the Lemberg Children’s Center will present tips and skills for understanding, managing, and preventing a young child’s angry behavior as well as helping children use conflict resolution skills rather than rely on physical aggression. The curriculum is part of the ACT Raising Safe Kids program by the American Psychological Association. To learn more about the program, please visit our website at [www.brandeis.edu/lemberg/act](http://www.brandeis.edu/lemberg/act).