Hurricanes Gustav, Hanna and Ike are making news right now. We want to remind you that you can get a wealth of resources through your Employee Assistance Program. The EAP can connect you to local emergency resources and services as well as provide you with information about disaster preparedness in general. Below is a list of websites that have helpful general information:

**FEMA**  
http://www.fema.gov  
Registration 1-800-621-3362

**Red Cross**  
http://www.redcross.org  
1-800-HELP-NOW or 1-800-435-7669

**Salvation Army**  
http://www.salvationarmyusa.org  
1-800-725-2769

**Catholic Charities**  
http://www.catholiccharitiesusa.org  
1-800-919-9338

**Episcopal Relief & Development**  
http://www.er-d.org  
1-800-334-7626

**United Methodist Committee on Relief**  
http://gbgm-umc.org/umcor/emergency/hurricanes/2005  
1-800-554-8583

**National Weather Service National Hurricane Center**  
//www.nhc.noaa.gov

**For missing person information:**  
http://www.usa.gov/Topics/Weather/Hurricane.shtml

**For volunteer opportunities: USA Freedom Corps**  
http://www.usafreedomcorps.gov

To speak with an EAP counselor for additional resources and/or a personal consultation, please call:  **1-800-451-1834**