**Program Overview**

This program delves into the diabetes epidemic as a means to investigate biological, behavioral, environmental, social and policy factors that influence our health and health care. In this course, you will explore the science of nutrition and gain an understanding of the physiology behind how diet and exercise can curb the rising prevalence of diabetes, as well as other chronic diseases. Weekly hands-on food labs will instruct you in nutritious menu planning, food selection and cooking, while regular visits to health care facilities will provide insight into our current health care system. Through the lens of diabetes, you will explore the health care landscape more broadly, all while acquiring knowledge and skills applicable to your own life.

**Curriculum**

- **BISC 4b** Food, Nutrition and Health
- **BISC 10a** Diabetes NEW!
- **HSSP 120** Health Care Landscapes

**About JBS**

JBS takes two methods of study — classroom training and experiential learning — and joins them in a unique curriculum that enables you to engage fully in a topic you are passionate about.

**JBS Allows You To:**

- earn 12-20 credits
- fulfill many university requirements
- build close relationships with faculty and peers
- engage with the community
- open avenues for internships
- expand your network
- acquire skills for your future

**Application Deadline**

March 15, 2013

Applications are reviewed on a rolling admissions basis until the closing deadline.

Financial aid is available.

“This experiential learning opportunity was incredibly empowering. It encouraged me to make connections that I never would have made, and allowed me to step out of the Brandeis bubble and into the real world.”

JBS summer 2012 student