<table>
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<th>LEMBERG CHILDREN’S CENTER</th>
<th>FINE/GROSS MOTOR DEVELOPMENT</th>
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</table>
| What you would expect to see in the EXPLORERS room. (Ages 20 – 45 months) | • Physical skills develop quickly.  
• Scribbles with marker or crayon.  
• Walks up and down stairs, one foot at a time, holding onto rail for balance.  
• Puts on simple garments, such as shoes or hat, but needs help with shirts, pants, and jackets/sweatshirts.  
• Scribbles and holds crayons and pencils in a fist, not fingers.  
• Needs help pouring liquids into cup.  
• Kicks a ball.  
• Begins to classify objects by group (hard vs. soft; large vs. small).  | • Responds to others. (S)  
• Enjoys company of other children, peer play, and joint exploration.  
• Can maintain involvement with another for a short period of time.  
• Unable to share without coaxing.  
• Shows little ability to postpone gratification. (other people are seen as barriers)  
• Imitates actions of others.  
• Begins to engage in parallel play.  
• Begins to realize others have rights/ privileges  
• Cannot tolerate frustration. (E)  
• Cries easily  
• Often unable to control impulses.  
• Begins to express affections.  
• Begins to perceive emotions of others.  
• Expresses self (sometimes emphatically, saying “No” to adults).  
• Has notions of good, bad, ugly, etc)  | • Sensorimotor investigations of environment are predominating.  
• Development of concepts is rapid.  
• Develops of a sense of object permanence.  
• Uses names of self and others.  
• Identifies 6 or more body parts.  
• Combines words.  
• Listens to stories for a short while.  
• Younger than 3, has a vocabulary up to 200 words.  
• Develops fantasy in language and pretend play.  
• Defines use of household items.  
• Able to recount daily events.  
• Uses “tomorrow” and “yesterday.”  |
| What you would expect to see in the THUNDERBIRDS room. (Ages 45 – 72 months) | • Walks up and down stairs with alternating feet.  
• Jumps with both feet.  
• Undresses and dresses self (laces shoes, but can not tie).  
• Has basic idea of left and right, but mixes them up.  
• Holds crayon/pencils w/ fingers.  
• Stands on one foot.  
• Learns to handle scissors (practices a lot to gain mastery).  
• Learns to run/skip.  
• Begins to coordinate movements to climb on jungle gym.  
• Shows greater perceptual judgment and awareness of own limitations.  
• Draws people, shapes (circle) and other objects in [somewhat] relation to others.  
• Prints letters crudely, can write first name.  | • Becomes more aware of self. (S)  
• Develops more altruistic feelings.  
• Becomes aware of racial and ethnic and sexual differences.  
• Able to take direction and follow some rules.  
• Wants to please adults.  
• Needs help to resolve social situations when conflicts occur.  
• Difficulty in sharing/learning to take turns. Begins to understand around 5-yrs old.  
• Shows a growing sense of self-reliance.  
• Parallel play is common, cooperative play begins. Further development occurs after they become more familiar with other children.  
• Can tolerate frustration and being told no. (E)  
• Shows more intense feelings: fear, affection, and sense of humor.  
• Needs overt expressions of affection.  
• Appreciates surprises and novel events.  
• Learns that negative acts bring on negative consequences.  
• Justifies aggressive acts, “He hit me first.”  | • Follows instructions of two commands.  
• Makes impulsive judgments and frequent mistakes.  
• Develops vocabulary rapidly  
• Uses numbers without understanding.  
• Has difficulty differentiating between real and fantasy.  
• Begins to classify by function.  
• “Why” questions are constant.  
• Thinking is egocentric.  
• Can tell a story, but must go back to include events and focuses on favorite parts.  
• May make up words to fit meaning.  
• 3 yrs old: 2,000 to 4,000 words.  
• 4 yrs old: 4,000 to 6,000 words  
• 5 yrs old: 5,000 to 8,000 words.  |

Adapted from: Caring for Infants and Toddlers in Groups: Developmentally Appropriate Practice (1995) and “Developmental Milestones of Children from Birth to Age 3: ZERO TO THREE: National Center for Infants, Toddlers, and Families. Also adapted from an adaptation of: Association for Supervision and Curriculum Development 1975; Tudor 191; Zigler and Finn-Stevenson 1987.