Emotions

- Sophie gets angry when she has to share the stuffed gorilla. She runs into the woods until she cannot run anymore to get out her frustration.

- Finn, a young child, throws a fit because he does not want to eat peaches.

- Horace had a bad day at school. His mother sees it, so she, who also had a bad day, decides to make soup by throwing salt and screaming into boiling water. She invites Horace to join her, and they both feel better after making the soup together.

• Leo does not like the word “No,” but his mother is constantly having to tell him “No.” Leo says he hates her until finally he realizes that he does not hate his mother.

• Benny is a pig. His mother is cleaning and tries to wash his toy piggy, so Benny tries to run with his little piggy. Benny is a book series by Barbro Lindgren and Olof Landström.

• A little rabbit is mad at his mother for not doing all the things he wants and for only the things that she wants. He storms out, but he comes back because he forgot his ball to play with outside.

• Mouse was mad and did not know how to deal with his anger. He tried different ways to ease his anger but only got madder because the other animals kept telling him what he was doing was wrong. At last Mouse wheezed out his nose unlike any other animal. He felt good and was no longer mad.

• Katie Honors becomes angry and changes into Bombaloo. She does not like being Bombaloo, but she knows that she has to leave the room and take a time out to become Katie Honors again.
Self-Esteem and Confidence

- A boy is excluded for being too young, so he draws a bear on his blackboard and imagines him as his friend. Blackboard Bear is part of a series by Martha Alexander.

- A boy does everything by himself for the whole day and is proud of his autonomy.

- Little tiger’s mother tries to convince little tiger to close his eyes and go to sleep.

- This book is designed for preschool-aged children growing up.

- Little Joe cannot swim; he just splashes, until he observes a frog swimming in his pool.

- Gossie who is a gosling loves to wear his red boots.

- Lizzy has a favorite puppet that gives her confidence. This book is about special blankets, dolls, and other things special to a little child.

- Lilly who is a mouse gets a new purse and wants to show everybody. However, she has to wait until show-and-tell time as Mr. Slinger asks.
   • A girl is proud of the nappy hair God gave her.

   • A little boy plants a carrot seed and believes that it will grow. He will not give up on the seed even though everybody else does not think that it will become a carrot. Ruth Kraus has written numerous books for young children.

   • Charles is a shy bunny who does not say anything or do anything until he saves the day. Rosemary Wells has written a number of books with bunny characters for young children.

Sadness

   • Kate’s cat died, and she wants a small dog for replacement. Her family takes her to the Rescue Shelter, and Kate adopts Dave. However, her family falls in love with a big dog, Rosy. Eventually, they adopt them both.

   • A boy finds his pet mouse dead. He copes with the death by burying his mouse in an elaborate shoebox of a coffin. Robie H. Harris has written other books for young children.

   • A boy helps his father out at the laundromat, but he leaves his Knuffle Bunny and becomes very upset.
Preoccupied

- Wemberly, a mouse, worries about everything. Kevin Henkes has written other books for young children.

- Matilda is a hippo who gossips about everybody until the gossip comes back about her.