LIHA Mission

- Take a multidisciplinary approach  
  (biomedical, psychological, social)
- Integrate at multiple levels  
  (cells and surveys)
- Identify modifiable factors that promote  
  successful aging (lifestyle, policies)
- Look for early indicators and markers  
  (sooner is better)
- Adopt a long-term view  
  (planning, prevention)
LIHA Goals

- Forge interdisciplinary collaborations
- Promote curricular and educational innovation
- Award seed grants for pilot projects with an interdisciplinary focus on aging
- Continue developing partnerships with other universities and institutions in the Boston Area
- Disseminate and translate research findings

Living Long, Living Well

- LIHA Framework
  - Aging Well: Never too Soon, Not too Late
- Healthy Body
  - Cells, Molecules, and Wellness
- Healthy Mind
  - Cognition, Memory, and Adaptive Functioning
- Healthy Society
  - Care, Culture, and Social Policy
- Posters