

RESUME

DR. SUZANNE B. HANSER

589 Saw Mill Brook Parkway
Newton Centre, MA 02459
(617) 747-2639

EDUCATION: Senior Postdoctoral Fellowship in Clinical Gerontology, Department of Psychiatry, Stanford University School of Medicine, 1988-1990; Ed.D., Center for the Behavioral Analysis of School Learning, Teachers' College, Columbia University, 1974; M. Mus. Therapy, 1972, B. Mus. Therapy, 1971, The Florida State University.

PROFESSIONAL EXPERIENCE:

Chair, Music Therapy Department, Berklee College of Music -
Boston, Massachusetts, 1995- present

*founded and administered new department of music therapy

Music Therapist, Zakim Center for Integrated Therapies, Research Associate, Cantor Center for Research, Dana-Farber Cancer Institute – Boston, Massachusetts, 2000- present

*established Music Therapy Department.

*provided clinical music therapy services for inpatients at Brigham and Women's Hospital and outpatients at Dana-Farber Cancer Institute.

*served as co-investigator of controlled clinical trial to evaluate effects of music therapy in women with metastatic breast cancer.

*developed self-care programs for providers of cancer and hospice care.

Visiting Research Associate, Women's Studies Research Center, Brandeis University

2008-present

*investigated Jewish women's rituals and spirituality

President, World Federation of Music Therapy -

2002- 2005

*served as elected official of confederation of music therapy organizations around the world.

* was Secretary / Treasurer on Executive Board - World Federation of Music Therapy, 2000-2002.

Lecturer, Harvard University School of Medicine, Department of Social Medicine - Cambridge, Massachusetts, 1997- 2000

*developed music therapy traineeship for geriatric residents and fellows

Program Director, Alzheimer's Association, Greater San Francisco Bay Area Chapter - Palo Alto, California, 1992-1995

*established, administered and researched programs for individuals with dementia and their caregivers.

*developed and evaluated comprehensive training programs for family caregivers and professionals in long term care settings.

*created information and referral computer database, clinically-based program for following families and a system for evaluating client use of community referrals and client satisfaction.

*administered over \$300,000 in grants in 1994 to support innovative programs.

*collaborated with a variety of community agencies to create conferences and trainings for diverse professional groups, including "caring for the caregiver."

*supervised program team of professionals, students and volunteers to implement clinical programs, including music therapy in the community.

President, National Association for Music Therapy - 1992-1994

*led national professional non-profit organization of 3500+ members and 10 national office staff.

*brought organization from 5 years of deficit spending to a balanced budget with surplus revenues in 1993 through a comprehensive financial plan.

*led strategic planning efforts resulting in 5-year strategic plan, 2-year operational plan, and financial plan.

*was instrumental in procuring \$850,000 in funds earmarked for music and creative arts therapies research, demonstration and training projects.

*led efforts to establish National Institute of Health's Panel for Alternative Medicine and \$2 million appropriations for research.

Research Coordinator, Department of Psychiatry and Behavioral Sciences, Stanford University School of Medicine, Stanford, California, 1991-1992

*administered research laboratory for \$500,000+ / annum NIMH project involving psychopathology of chronically ill children and their family caregivers.

*coordinated all personnel and research activities; trained team and conducted all aspects of research.

Health Sciences Research Scientist - Department of Veterans Affairs Medical Center, Domiciliary Service, Palo Alto, California, 1990-1991

*developed databases, performed data analysis for research efforts, and supervised research staff.

*initiated research on self-efficacy and clinical outcomes of cognitive-behavioral treatment; instituted music therapy program.

*performed training and development activities (grant-writing).

*established quality assurance plan for medical records and outpatient services.

Research Collaborator - Older Adult Research and Resource Center, Stanford University School of Medicine/VA Medical Center, Palo Alto, California, 1990-1991

*provided assessment, therapy, data collection/analysis, written documentation for NIMH-funded research on cognitive-behavioral therapy for depressed older adults, and clinical approaches to family caregivers of individuals with dementia/cognitive impairment.

Adjunct Faculty - College of Notre Dame, Belmont, California, 1992-1993, Pacific Graduate School of Psychology, 1991-1993, San Jose State University College of Social Work, 1995

*taught courses in research methodology, thesis preparation, adult development, gerontology and independent studies to art therapy, social work and psychology students.

Senior Postdoctoral Fellow (Individual National Research Service Award) - Stanford University School of Medicine, Stanford, California, 1988-1990

*received NIA Award to develop and evaluate an original music therapy stress reduction strategy for caregivers of Alzheimer's patients and depressed older adults.

*developed model program for Alzheimer's patients in community and long-term care settings.

Chairperson and Professor (tenured) (administration, research, teaching) - Department of Music Therapy, University of the Pacific, 1975-1987

*administered university department with responsibility for faculty, staff, student assistants, undergraduate and graduate advising, budget, policies and procedures, course development and evaluation.

*developed undergraduate program and founded graduate curricula in music therapy and music in special education.

*established interdisciplinary clinical and research efforts with cooperation of community facilities using an original model for practicum training which has been replicated nationally e.g., "The Community Music Therapy Project," "Miniature Music Makers" for young children and parents.

*chaired several university-wide committees: Academic Affairs, Graduate Studies, and served as Chair-elect of the Faculty Council for all three campuses.

*implemented new innovative courses e.g., "Women in the Arts," "Senior Seminar," "Creative Arts Therapies," and Music in Special Education curriculum.

*received funding for innovative research projects e.g., Music-facilitated stress and pain reduction for women in childbirth, Music-facilitated pain reduction in dental patients, Music programming for handicapped individuals in the community.

*served on several policy-making university-wide committees e.g., Long-range Planning and Budget, Council of Chairmen, President's Council, etc.

Educational Director - Massive Economic Neighborhood Development, Inc., New York, New York, 1974-1975

*developed programs and curricula for training multilingual paraprofessional staff in vocational opportunity and prevocational training centers for retarded adults in the Spanish-speaking community of East Harlem.

*designed, implemented and received funding for program to deinstitutionalize residents of Willowbrook State Hospital in this community-based non-profit community agency.

Consultant /Clinician for New York Association for Brain-Injured Children, Reece School, New York, NY; Sharing Parents of San Joaquin County (bereavement network), Stockton, California; Children's Hospital at Stanford, Stanford, California; Community

Psychiatric Centers, Belmont, California; Music Therapy Intern - Milwaukee County Mental Health Center

*served as group and individual music/creative arts therapist and member of interdisciplinary team for a variety of special education and psychiatric populations.

*received funding from public and private agencies for research efforts, including BEH funding for deinstitutionalization project and UOP University Research Committee funding for developing family programs for preschoolers and creative arts therapy in medical settings.

*consulted on the development of new programs e.g., Lisem Enterprises - wrote stress reduction handbooks to accompany recordings of music by Daniel Kobialka; Chateau Hutter - music and creative arts program for developmentally disabled.

*established support network for bereaved parents in San Joaquin County in cooperation with two hospitals, hospice programs and support services through Women's Center and other community agencies.

*instituted clinical outcome research in variety of settings, served as evaluator or consultant on numerous research protocols.

Fellow - Center for the Behavioral Analysis of School Learning, Teacher's College, Columbia University, New York, New York, 1972-1974

*became one of first graduates of this interdisciplinary program and research center.

*performed research in music, cognitive functioning and the learning process.

*served as evaluator on an HEW grant studying the effect of a steel drum program with disadvantaged New York City youth.

PUBLICATIONS:

Books:

Hanser, S.B. The New Music Therapist's Handbook. Boston: Berklee Press, 2000.

Hanser, S.B. Music Therapist's Handbook. St. Louis: Warren Green Publ., Inc., 1987.

Hanser, S.B. Music Therapy Practicum: A Manual for Behavior Change through Music Therapy. Oakland: Pea Press, 1976 (Revised 1980).

Chapters:

Hanser S.B. At first and last breath: Breathing with music in childbirth and near the end of life. In R Azoulay & J V Loewy (Eds.). Music the breath and health: Advances in integrative music therapy. New York: Satchnote Press, 2009, pp. 251-262.

Hanser, S.B. & Coddig, P. Music Therapy. In M.I. Weintraub, R. Mamtani, & M.S. Micozzi (Eds.), Complementary and Integrative Medicine in Pain Management. New York: Springer Publishing Company, 2008, pp. 41-68.

Hanser, S.B. Music therapy to enhance coping in terminally ill adult cancer patients. In C. Dileo & J.V. Loewy, (Eds.). Music Therapy at the End of Life, Cherry Hill, NJ: Jeffrey Books, 2005, pp. 33-42.

Hanser, S.B., & Mandel, S.E. The effects of music therapy in cardiac healthcare. In W.H. Frishman, M.I. Weintraub, & M.S. Micozzi, (Eds.).

Complementary and Integrative Therapies for Cardiovascular Diseases. New York: Elsevier, Mosby, 2004, 320-330.

Hanser, S.B. Childbirth, Childdeath. In J.J.G. Byers & M. Forinash. (Eds.). Educators, Therapists, and Artists on Reflective Practice. New York: Peter Lang, 2004, pp. 129-138.

Hanser, S.B., Coddling, P., & Eslinger, P. Music Therapy. In M.I. Weintraub. (Ed.). Alternative and Complementary Treatment in Neurologic Illness. New York: Churchill Livingstone, 2001, pp. 255-267.

Hanser, S.B. A systems analysis approach to music therapy practica. In M. Forinash (Ed.). Music Therapy Supervision. Gilsum, NH: Barcelona Publ., 2001, pp. 87-98.

Hanser, S.B. The role of music therapy in successful aging. In S.E. Levkoff, Y.K. Chee, & Noguchi, S. (Eds.). Aging in Good Health: Multidisciplinary Perspectives. New York, NY: Springer, 2000, pp. 69-88..

Hanser, S.B. Music therapy with individuals with advanced dementia. In L. Volicer, & L. Bloom-Charette (Eds.). Enhancing the Quality of Life in Advanced Dementia. Washington, DC: Taylor & Francis, 1999, pp. 141-167.

Hanser, S.B. Using music therapy in treating psychological problems in older adults. In M. Duffy (Ed.). Handbook of Counseling and Psychotherapy with Older Adults. New York: John Wiley & Sons, 1999, pp.197-213.

Hanser, S.B. Relaxing through pain and anxiety at the extremities of life: Applications of music therapy in childbirth and older adulthood. In T. Wigram, & J. deBacker (Eds.). Clinical Applications of Music Therapy in Psychiatry. London: Jessica Kingsley Publ., 1999, pp. 158-175.

Hanser, S.B., Howe, D., & Kelly, K. Implications for future policy and research. In G. Yeo, & D. Gallagher-Thompson (Eds.). Ethnicity and the Dementias. Washington, DC: Taylor & Francis, 1996, pp. 245-254.

Hanser, S.B. Applied Behavior Analysis. In B. Wheeler (Ed.). Music Therapy Research: Quantitative and Qualitative Perspectives. Phoenixville, PA: Barcelona Publ., 1995, pp. 149-164.

Hanser, S.B., & Wheeler, B. Experimental Research. In B. Wheeler (Ed.). Music Therapy Research: Quantitative and Qualitative Perspectives.. Phoenixville, PA: Barcelona Publ., 1995, pp. 129-148.

Hanser, S.B., & Clair, A.A. Music therapy: Retrieving the losses of Alzheimer's disease for patients and caregivers. In T. Wigram, R. West, & B. Saperston (Eds.), The Art and Science of Music Therapy. Surrey, England: Carden Publications Limited, 1994.

Hanser, S.B. Observation and feedback techniques for student practica. In Bruscia, K., & C.D. Maranto (Eds.), Perspectives on Music Therapy Education and Training. Philadelphia; Temple University Press, 1987.

Articles in refereed journals:

Hanser, S.B. In the music. Fusion. 1(1), 43-45.

Mandel, S.E., Hanser, S.B., Secic, M, & Davis, B.A. Effects of music therapy on health-related outcomes in cardiac rehabilitation: A randomized controlled trial. Journal of Music Therapy, 2007, 44(3), 176-197.

Hanser, S.B., Bauer-Wu, S., Kubicek, L., Healey, M., Manola, J., Hernandez, M., & Bunnell, C. Effects of a music therapy intervention on quality

of life and distress in women with metastatic breast cancer. Journal of the Society for Integrative Oncology, 2006, 5(1), 14-23.

Hanser, S.B. Music therapy research in adult oncology. Journal of the Society for Integrative Oncology. 2006, 4(2), 62-66.

Hanser, S.B. Challenges to music therapy in a world of need. The Arts in Psychotherapy, 2005, 32(3), 217-224.

Hanser, S.B. A phenomenological analysis of music in childbirth. The Journal of Pedagogy, Pluralism, and Practice, 2004, 9.

www.lesley.edu/journals/jppp/9/index.html.

Hanser, S.B. Effects of a music therapy intervention for women with metastatic breast cancer (Abstract). Oncology Nursing Forum, 2005, 32(1), 185-186.

Hanser, S.B., & Mandel, S.E. The effects of music therapy on cardiac healthcare. Cardiology in Review, 2004, 13(1), 18-23.

Hanser, S.B. Music therapy to reduce anxiety, agitation, and depression. Nursing Home Medicine, 1996, 4(10), 286-291.

Hanser, S.B. Evolution of a research experiment: A personal account. Music Therapy International Report, 1996, 10, 20-22.

Standley, J.M., & Hanser, S.B. Music therapy research and applications in pediatric oncology treatment. Journal of Pediatric Oncology Nursing, 1995, 12(1), 3-8.

Hanser, S.B., & Thompson, L.W. Effects of a music therapy strategy on depressed older adults. Journal of Gerontology, 1994, 49(6), P265-P269.

Canning, E.H., Hanser, S.B., Shade, K.A., & Boyce, T. Maternal depression and distress and parent-child discrepancy in reports of psychopathology in chronically ill children. Psychosomatics, 1993, 34(6), 506-511.

Canning, E.H., Hanser, S.B., Shade, K.A., & Boyce, T. Mental disorders in chronically ill children: Parent-child discrepancy and physician identification. Pediatrics, 1992, 90(5), 692-696.

Burling, T.A., Seidner, A.L., Robbins-Sisco, D., Krinsky, A., & Hanser, S.B. Batter up! Relapse prevention for homeless veteran substance abusers via softball team participation. Journal of Substance Abuse, 1992, 4(4), 407-413.

Hanser, S.B. A music therapy strategy for depressed older adults in the community. Journal of Applied Gerontology, 1990, 9(3), 283-298.

Hanser, S.B. Music therapy with depressed older adults. Journal of the International Association of Music for the Handicapped, 1989 4(4), 16-27.

Hanser, S.B. Controversy in music listening/stress reduction research. Arts in Psychotherapy, 1988, 15, 211-217.

Hanser, S.B. Music therapy and stress reduction research. Journal of Music Therapy, 1985, 22(4), 193-206.

Hanser, S.B. Music for handicapped learners. California Music Educators News, 1985-present, 38- , (ongoing column).

Hanser, S.B. Music group psychotherapy: An evaluation model. Music Therapy Perspectives, 1984, 1(4), 14-16.

Hanser, S.B., Larson, S.C., & O'Connell, A.S. The effect of music on relaxation of expectant mothers during labor. Journal of Music Therapy, 1983, 20(2), 50-58.

Hanser, S.B., Larson, S.C., & O'Connell, A.S. Music therapy-assisted labor: Effects on relaxation of expectant mothers. Birth Psychology Bulletin, 1983, 4(1), 2-12.

Hanser, S.B. Music therapy: A behavioral perspective. The Behavior Therapist, 1983, 6, 5-8.

Hanser, S.B. The effect of peer approval and disapproval on improvement of pitch matching and group behavior. Journal of Research in Music Education, 1982, 30(4), 221-228.

Furman, C.E., & Hanser, S.B. Make time for music: No experience necessary. Day Care and Early Education, 1981 (Winter), 18-20.

Hanser, S.B., & Furman, C.E. The effect of videotape-based feedback "vs" field-based feedback on the development of applied clinical skills. Journal of Music Therapy, 1980, 18(3), 103-112.

Hanser, S.B. A systems analysis model for teaching practicum skills. Journal of Music Therapy, 1978, 15(1), 21-35.

Hanser, S.B. Group-contingent music listening with emotionally disturbed boys. Journal of Music Therapy, 1974, 11(4), 220-225.

Hanser, S.B. Note to the Editor. Journal of Music Therapy, 1974, 11(1), 55-56.

Greer, R.D., Dorow, L., & Hanser, S.B. Music discrimination training and the music selection behavior of nursery and primary level children. Council for Research in Music Education, 1973, 35, 30-43.

Hanser, S.B., & Madsen, C.K. Comparisons of graduate and undergraduate research in music therapy. Journal of Music Therapy, 1972, 9(2), 88-93.

GRANT FUNDING:

Arthur Flagler Fultz Research Award, American Association for Music Therapy, 2005.
Foundation and Charitable Trust Donations to fund Music Therapy Institute at Berklee College of Music, 2000 – present.

Foundation Sponsors for Alzheimer's Association programs include White House Conference on Aging, Haas Fund, Goldman Fund, San Francisco Foundation, Lurie Fund, Smith Charitable Trust, Innovative/Enhancement Award - Alzheimer's Association, Kaiser Regional Award, Gellert Foundation, etc.

National Institute on Aging - Individual National Research Service Award, 1988-1990.

Yamaha Corporation to establish Community Music Therapy Project for handicapped individuals, 1986.

U.S. Department of Health, Education and Welfare for deinstitutionalization of handicapped adults, 1974.

Principal Investigator or Program Director for Enhanced Information and Referral Program, Long-term Care Training, and Conference grants from national and local sources including the Kaiser-Permanente Regional Award, Alzheimer's Association Innovation and Enhancement Award, Lurie Foundation, Smith Trust and other donors.

Served as evaluator or consultant on several national research, assessment, demonstration or training grants.

Field reader - Division of Health and Human Services, Department of Education.

MAJOR HONORS AND AWARDS

Boston Globe – One of eleven “Bostonians Changing the World”, 2006
Executive Committee, Society for Integrative Oncology – 3rd and 4th Internatl
Conferences, 2006, 2007
Visionary Award, Berkshire Hills Music Academy, 2005
Editorial Board, Journal of Music Therapy, 1999-2005; 2008-present
Scientific Advisory Board, World Congress of Music Therapy, 1999, 2007
Outstanding New Leader Award, Berklee College of Music, 1996
Expert Witness, U.S. Senate Comm. on Aging, "Forever Young: Music and Aging," 1991
National Research Service Award, National Institute on Aging, 1989
Publications Award, National Association for Music Therapy, 1988
Outstanding Teacher/Scholar, Conservatory of Music, University of the Pacific, 1986
Distinguished Research Faculty Lecturer, University of the Pacific, 1984
Outstanding Young Women in America, 1978
Fellow, Center for the Behavioral Analysis of School Learning, 1973

PRESENTATIONS:

Keynote and Opening Speeches – The Past and Future of Healing, Kobe, Japan; Alzheimer's Disease Research Center Conferences, Lexington, Kentucky and at Duke University Medical Center; Sigma Xi National Scientific Research Society; National Association for Music Therapy; numerous regional conferences and symposia.

Over 200 papers, grand rounds or posters and 200 in-service training workshops, including the following presentations:

Medical Centers:

Asahikawa Medical College, Asahikawa, Japan
Beth Israel Medical Center, NY: 3 Symposia
Dartmouth Medical School, Lebanon, VT
Harvard Medical School, Boston, MA
Kings College, London, UK
Miyagi University School of Nursing, Sendai, Japan
Tokyo Medical College, Tokyo, Japan
Yale School of Medicine, New Haven, CT

National:

Alzheimer's Association - National Meeting, National Education Conference
American Academy of Child and Adolescent Psychiatry
American Health Care Association
American Music Therapy Association
American Psychiatric Association
American Psychological Association
Association for the Advancement of Behavior Therapy
CAMExpo
Council for Exceptional Children
Gerontological Society of America
Health Care Financing Administration
Joint Conference of the Arts Therapy Associations
Music Educators National Conference

Music, Growth and Aging - The Biology of Music Making
Music Teachers National Association
National Association for Music Therapy
National Creative Arts Therapies Associations

International:

Complementary and Alternative Medicine Expo and First International Conference
International Alzheimer's Disease / Parkinson's Disease Conference
International ArtsMedicine Association
International Scientific Conference on Complementary and Alternative Medicine
Research
International Symposium for Music-Medicine
International Society for Music Education
ISME Commission on Music in Special Education, Therapy and Medicine
Japanese-American Arts Medicine Leadership Conference
Oncology Nursing Society – International Cancer Research Conference (poster)
Research Foundation for Aged People's Health - Japanese-American Conference
Society for Integrative Oncology –International Conferences
World Alzheimer's Congress
World Congress of Music Therapy
World Congress of Psychiatry
World Congress on Behavior Therapy