

RUTH NEMZOFF, Ed.D.

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EDUCATION:

Harvard University, School of Education, Cambridge, MA Ed.D., Administration, Planning and Social Policy	<i>1979</i>
Columbia University, New York, NY M.A., Counseling	<i>1964</i>
Barnard College, Columbia University, New York, NY B.A., American Studies	<i>1962</i>
Management Institute for Women in Higher Education (HERS), Wellesley College, Wellesley, MA	<i>1996-97</i>
National Training Labs, Bethel, ME Integrating Consulting and Training	<i>Summer, 1981</i>
Institute for Management of Lifelong Learning Harvard University, Fellow, School of Education, Cambridge, MA	<i>Summer, 1979</i>

ACADEMIC EXPERIENCE:

Resident Scholar, Women Studies, Brandeis University · Parenting Adult Children · Integrating women into Jewish education	<i>1997 to present</i>
Adjunct Assistant Professor, Government, Bentley College Gender Issues Coordinator · Responsible for program development, recruitment, and budget	<i>1993 to 2009</i> <i>1996 to 2000</i>
Adjunct Assistant Professor, Regis and Lesley Colleges · Created and taught courses in government, social policy, gender studies, community organizations and human services and parenting adult children	<i>1991-93,04,06</i>
Visiting Research Scholar, Wellesley Center for Research, Wellesley College · Published working paper #225, "Changing Perceptions of Mothers of Children with Developmental Disabilities"	<i>1991-93</i>

Lecturer, Department of Education, Rivier College

1979

FUNDRAISING EXPERIENCE:

Development Officer, Combined Jewish Philanthropies, Boston, MA

1989-91

- Tripled monetary contributions of New American (Russian) community
- Directed new Freedom Trail campaign, which raised \$1.2 million
- Directed successful campaign, which brought a new day school to profitability

EXECUTIVE SEARCH:

Senior Consultant, Auerbach Associates, Boston, MA

1986-87

- Recruited and interviewed candidates
- Developed public and not-for-profit sectors of the business

POLITICAL EXPERIENCE:

Candidate for Massachusetts Governor's Council in the 3rd District

1998

- Lost by less than one percent of the vote in the election for the Massachusetts Governor's Council in the 3rd District

State Legislator, New Hampshire

Appointed Assistant Minority Leader (1979-81)

1975-81

- Successfully sponsored legislation, which later became a national model to educate displaced homemakers
- Sponsored bill to reform adoption laws
- Submitted first bill offering pro-rated benefits to part-time workers

Deputy Commissioner of Health and Welfare, New Hampshire

1982-83

- First female appointee to this position
- Responsible for shepherding legislative package through the legislative process by lobbying and providing pertinent information using teams from a staff of 300
- Initiated and released report on the status of women in the Department
- Organized first statewide conference on the Feminization of Poverty, which resulted in legislative initiatives to modify discriminatory insurance and tax laws
- Department budget was \$500,000,000

Director of Equal Opportunity Office, New Hampshire Department of Education

1980-81

- Total responsibility for establishing office, recruiting, hiring, promoting and terminating employees
- Supervised programs throughout state, provided technical assistance, wrote & executed budget and doubled allocation

Political Organizer, clients included: *1983-86*

- Dudley for Congress Campaign
- New Hampshire Women's Lobby
- Responsibilities included strategy development, field and program development and phone-a-thon organizing

Women Legislator's Lobby (WILL), *1986-88*

- Founded a national lobby of female state legislators, this group still exists

COMMUNITY ORGANIZATIONS:

Advice Columnist for the Jewish Reporter and the Forward *2013*

- Provide advice for parents and adult children

Chair of Board, Max Rosenfeld Foundation *2013*

- Provides scholarships to young Jewish women

Member, Massachusetts Board of Bar Overseers *2012-15*

- Hearing officer

National Field Director, Women's Action for New Directions (WAND) *1987-89*

- Reactivated local chapters & increased diversity of board members

**Director of Special Services, Mount Hope School for the Mentally Retarded,
Nashua, NH** *1970-74*

- Total responsibility for creating and executing vocational programs including parent and client counseling, volunteer and job placements programs and sheltered workshop
- Supervised 10 teachers and wrote initial \$20,000 grant

Co-Director, "Just One Break" (J.O.B.), Goodwill Industries, Boston, MA *1968-70*

- Developed a job placement and counseling service and coordinated with politicians and businesses

Employment Consultant, Massachusetts Department of Employment Security *1967-68*

- Responsible for placing chronically unemployed persons in jobs

- Teacher and Guidance Counselor, New Delhi, India** **1965-67**
- Taught English at Indian government school
 - Developed counseling program at the American International School
- Teacher, Grade 5, Sharon, MA** **1962-63,**
1964-65
- Management Consultant, clients included:** **1974-93**
- Nashua Corporation
 - Polaroid
 - States of Massachusetts and New Hampshire
 - Northeastern University
 - Rivier College
 - American Personnel and Guidance Association
 - Hebrew Rehabilitation Center
 - MAST Industries
 - Several non-profit organizations

PUBLICATIONS:

See <http://www.dontbiteyourtongue.com/links.php> for blog posts

See <https://www.google.com/webhp?sourceid=chrome-instant&ion=1&espy=2&ie=UTF-8#q=seesaw%20forward%20nemzoff> for Nemzoff SeeSaw columns from the forward

Books

Nemzoff, R. *Don't Roll Your Eyes: Making In-Laws Into Family.* Palgrave/Macmillan 2012.

Nemzoff, R. *Don't Bite Your Tongue: How to Foster Rewarding Relationships with Your Adult Children.* Palgrave/Macmillan 2008.

Articles

Nemzoff, R. "Intermarried Challenges and Opportunities." *CJ: Voices of Conservative/Masorti Judaism.* Winter 2009/2010.

Nemzoff, R. & Weiss, W. "Your Money and Your Adult Children—The Challenges They Present." *The Integrative Adviser, Vol. 2, No. 1* March 2009.

Nemzoff, R. and Jaffee, E. "The Long Road to Keruv." *The FMJC Initiative Lay Leader's Implementation Guide.* November 2005

Nemzoff, Ruth. "Making Babies, Making Laws." *NWSACTION*, Vol. 17 no. 1 2005 p. 48-50.

Nemzoff, Ruth. "The Doctor's Wife Runs for Office." *NWSACTION*, Vol. 16 no. 2 Spring 2005 p. 42-3

Nemzoff, Ruth. "Uniting Family and Friends of Different Religions to Mourn a Beloved Grandmother." *InterfaithFamily.com*. February 13, 2004, Issue 127

Nemzoff, Ruth. "Creating Holiday Traditions for Your Family." *InterfaithFamily.com*, September, 2003.

Nemzoff, R. "Mothering in Academia." *Journal of the Association for Research on Mothering*, Vol. 5.2. 2003, p.20.

Nemzoff, Ruth. "Marrying off a Daughter is a Values Clarification Exercise." *InterfaithFamily.com*, August, 2003.

Nemzoff, Ruth. "Making Babies and Making Laws," *The Scholar & Feminist Online*. "The Scholar & Feminist XXX: Past Controversies, Present Challenges, Future Feminisms", Nov, 2005.

Nemzoff, R. and Avery, J. "Derech Eretz in the Classroom: Gender Issues in Classroom Management Conference Proceedings." *Conference Proceedings: Exploring Issues of Gender and Jewish Day School Education. Brandeis Institute for Community and Religion and Cohen Center for Modern Jewish Studies, Brandeis University, 1997, p.23-29.*

Easterling, D., Kenworthy, A., and **Nemzoff, R.** "The Greening of Advertising: A Twenty-five Year Look at Environmental Advertising." *Journal of Marketing Theory and Practice*, Winter, 1996, p.20.

Williams, C., LaFarge, V. and **Nemzoff, R.** "A Tale of Two Professions: Women in Business and Politics." *Business and the Contemporary World*, vol. 7, no. 3, 1995.

Nemzoff, R. "Ignoring the Mothers Voice: Sex Bias in Individual Education Plans." in AAUW (eds.), *"Classroom on the Campus: Focus on the 21st Century,"* 1995.

Lowenstein, S. and **Nemzoff, R.** "Students Lobbying the Teacher, Teacher Lobbying the Students: Reconceptualizing Writing Assignments in the Community Organizing Course as Field Experience in the Acts of Lobbying." *National Association of Developmental Educators (NADE) Newsletter*, p. 3, Fall 1993.

Nemzoff, R. "Changing Perceptions of Mothers of Children with Disabilities 1960-1992: A Critical Review." *Wellesley Center for Research Working Papers #255, 1993.*

Nemzoff, R. "Sex Bias in Individual Education Plans." *Equity and Choice*, Vol. 9, No. 3, Spring 1993.

Berman, Nemzoff. R. “Action for Equal Opportunity in Counseling.” *New Hampshire Personnel and Guidance Journal*, vol. 7, no. 3, Fall 1975.

Book Reviews:

Before Deportation by Herta Feiner. *Journal of the Association for Research on Mothering*, Fall/Winter, 2003 vol. 5 no.2, p. 201.

Midwifery and Children in America by Judith Pence Rooks, *Journal of the Association for Research on Mothering*, spring/summer 2003 vol. 5, no. 1

(With Berman, Rebecca) *Special Delivery: Mother/Daughter Letters from Afar*, by Joyce Slayton Mitchell and Elizabeth Dix Mitchell, *Journal of the Association for Research on Mothering*, Spring/Summer 2002 vol. 14, no. 1

BOARDS OF DIRECTORS:

Current:

- Chair, Max Rosenfeld Foundation
- Board Member, Interfaith Family

Former:

- Commissioner, Massachusetts Commission on the Status of Women
- Chair, Advisory Board, The Center for Women in Politics & Public Policy, John W. McCormack Institute of Public Affairs, University of Massachusetts, Boston
- Hearing Officer, Massachusetts Board of Bar Overseers
- Advisory Committee, Massachusetts Women’s Political Caucus
- Vice President for Development Gateways, Access to Jewish Education
- Political Action Committee, Planned Parenthood of Massachusetts
- Temple Emanuel, Chair, Keruv Committee, Boston, MA
- So Far: Strategic Outreach to Families of All Reservists, Needham, MA
- Co-President, Etgar L’Noar
- Newbury College, Brookline, MA
- Capitol Plumbing & Heating Supply Co., Concord, NH
- Pro-Choice Resource Center, White Plains, New York
- Bank of New Hampshire (first woman)
- New Hampshire Business Development Corporation (first woman)
- United Way of Massachusetts Bay, Allocations Committee,
- Temple Beth Abraham Nursery School, co-founder

- United Way, Nashua, NH
- New Hampshire Commission on the Status of Women, Education Committee
- New Hampshire Area VI Developmental Services Planning Board
- New Hampshire Governor's Commission for the Handicapped
- Jewish Family & Children's Service, Boston, MA
- W.I.S.E Counseling Service, co-founder

Honors and Awards:

- **Don't Bite Your Tongue: How to Foster Rewarding Relationships with Your Adult Children** (Palgrave/Macmillan, 2008) won the about.com Reader's Choice award for best parenting book for college parents and empty nesters.
- Millicent Carey McIntosh Feminism Award from Barnard College 2007
- Listed in juried biographies: "Feminists Who Changed America 1963-1975," (Biographies of feminists selected by the Advisory Board because of significant contributions during this period), edited by Barbara Love, University of Illinois Press.
- Black United Body and Women's Center, Award, Bentley College, April, 2006
- Regional Wise Award, Outstanding Contribution to Enlarging Opportunities for Women
- New Hampshire Council for Better Schools Award for Outstanding Innovative Programs
- Who's Who in American Politics
- Phi Delta Kappa, Educational Honor Society member
- Phi Beta Delta, International Honor Society member

OTHER PROFESSIONAL ACTIVITIES:

See http://www.dontbiteyourtongue.com/events_past.php for list of over 300 presentations about parents and adult children including at AARP and Harvard Medical School and the Department of Psychiatry at Cambridge Health Alliance

- Harvard Medical School and the Department of Psychiatry at Cambridge Health Alliance, "Treating Young Adults: Challenges Transitioning from Late Adolescence to Early Adulthood" Harvard Medical School and the Department of Psychiatry at Cambridge Health Alliance, April 5, 2013
- Annual AARP Membership Meeting, Life@50+, "Don't Roll Your Eyes: Make In-Laws Into Family," September 22, 2012
- Brandeis University Women's Studies Research Center, "Making In-Laws Into Family," September 27, 2012
- Camp Clara Barton's Women's Veterans Retreat, "Parents and Adult Children: How Military Service has Affected our Relationship," October 22, 2011
- American University OLLI's fall speaker program, "Parenting Adult Children," November 1, 2011
- Tufts Parents' Weekend, "Parenting Adult Children," October 19, 2011
- Brandeis University Women's Studies Research Center, "Marrying In: In-law Relationships," March 8, 2011
- Cambridge College, "Telling Your Parents About Your New Love Interest," July 29, 2010

- Augustana College, Council On Contemporary Families Conference, “Healthy Aging and Intergenerational Families,” April 17, 2010
- Christian Medical Center in Vellore, India, “What do parents and adult children in India and America have in Common?” November 10, 2009
- Tufts University, “Negotiating Intimacy and Independence in the Emerging Adult Years,” October 18, 2009
- Brandeis University Women’s Studies Research Center, “Being a Grandparent of a Child with Disabilities,” October 13, 2009
- Mass Bay Community College Faculty Development, “Communicating with Adult Students,” June 23, 2009
- University of Connecticut/Waterbury, OLLI Program, “Parenting Adult Children,” June 01, 2009
- University of Maine/Portland, SAGE Program, “Parenting Adult Children, March 31, 2009
- Tufts Lifelong Learning, “Parenting Adult Children,” March 23, 2009
- Regis College, Osher Lifelong Learning Program (OLLI), “Parenting Adult Children,” March 17, 2009
- Brandeis Women's Studies Research Center, Mother Artists in the Academe Panel, “The Maternal Wall of Academe: Academic Mothers and Strategies of Resistance and Empowerment,” February 27, 2009
- Bentley College Parents’ Weekend, “Parenting Adult Children,” February 21, 2009
- Brandeis Women's Studies Research Center, “Home for the Holidays: Enjoying Adult Children,” December 04, 2008
- UMass/Boston Center for Women in Politics and Public Policy, Women’s Research Forum, “The Private Safety Net?” November 12, 2008
- Northeastern University Parents’ Weekend, “Parenting Adult Children,” October 18, 2008
- Brandeis Osher Lifelong Learning Institute (BOLLI), “Parenting Adult Children,” September 24, 2008
- Barnard College Continuum Program, “Parenting Adult Children, September 18, 2008
- International Conference on Adoption and Culture, “How Feminism Changed the Adoption Laws in New Hampshire,” University of Pittsburgh, October 12, 2007 .
- Association for Research on Mothering, Maternal Health Conference , “From Silence to Solidarity: Listening to Mothers’ Voices,” York University, October 19,2007
- Massachusetts Institute of Technology, Parenting Adult Children September 25, 2007
- Brandeis University Women’s Studies Research Center, “Writing Life Stories for the Next Generation,” November 7, 2007
- MetNY United Synagogue, “Welcoming Interfaith Families,” January 22, 2007& October 28,2007
- St John's University, “Gender and the Mid-term Elections,” Jamaica, NY, October 23, 2006.
- Newton League of Women Voters, Don’t Just Bite Your Tongue, May 25, 2006.
- “Don’t Just Bite Your Tongue,” Massachusetts Caucus of Women Legislators. February 1, 2006
- “The Long Road to Keruv,” Federation of Jewish Men's Clubs, National Workshop for Lay Leaders, Providence, RI, Nov 18, 2005 “Interfaith Families,” October 22, 2006
- Invited Participant, Round Table Discussion on Women and Politics, National Council for Research on Women Annual Conference, New York, June 7, 2005

- “Women in the Workplace” National Association of Black Accountants Bentley College, Thursday, April 14, 2005
- Second Stage Parenting: Parenting Adult Children, Newton-Wellesley Hospital, May 31, 2005
- We Asked the Kids, Brandeis Women’s Studies Research Center, Oct.5, 2004
- Parenting Adult Children, Lesley College, Guest Lecture, Sept. 27, 2004
- Parenting Adult Children, Bentley College, Employee Assistance, May 16,2004
- Grandmothers and Grandmothering Conference, The Association for Research on Mothering,” Second Stage Parenting: Mothering Adult Children,” York University, Toronto, Canada, May 1, 2004.
- “Second Stage Parenting: Parenting Our Grown Children,” Temple Isiah, Lexington, MA February 10, 2004.
- “Louder than Life: Turning up/Down the Volume in Communication Between Mothers and Grown Children,” Brandeis Women’s Studies Research Center, December 2, 2003.
- “Do Girls Rule in School?” Panel, Brandeis University 25th Anniversary Women’s Studies Program, Nov 2, 2003.
- “Girl and Older Women: The Changing Nature of Female Influence,” Planned Parenthood League of Massachusetts, Board of Overseers Meeting, Oct.9, 2003
- “Parenting Grown Children,” Tikvah Chapter, Hadassah, Brookline, MA September 11, 2003
- Dinner Panel – The View From the Top, Second Annual Invitational Journalism-Work/Family, May 2, 2003
- “Narratives of Mothering Grown Children,” “Mothering and Mothering/Work as Work Conference,” Association for Research on Mothering, York University, Toronto, Canada May 3, 2002
- “Judaism, Feminism and Us,” Temple Israel Boston, April 11, 2003
- “Gender and Jewish Education,” Naples, Florida Brandeis University National Women’s Committee February 14, 2003
- “Mothering Grown-Up Children,” Brandeis Women’s Studies Research Center December 11, 2002
- “Making Babies and Making Laws” Mothering, Law, Politics and Public Policy Conference, Association for Research on Mothering, York University, Toronto, Canada, October 19, 2002
- The Piety Corner Club, The Future of Feminism, April 27, 2002
- Eitz Chayim Synagogue, Gender Issues in Jewish Schools, April 28, 2002
- Brandeis Women’s Studies Research Center, Waltham, MA, “Images of the Helpmate from Lillith and Eve to Hilary and Laura,” May 31, 2001
- Center for Research on Mothering, York University, Toronto, Canada, “Making Babies and Making Laws,” May 6, 2000
- National Women Studies Association, organizing committee for June, 2000 conference
- National Association of Social Workers, “Over Fifty and Still Parenting: The Joys and Difficulties of Parenting a Child with Disabilities in One’s Later Years,” September 25, 1998
- Association of American Colleges and Universities, “Community Service and Service Learning: Working for Democracy, Diversity and Citizenship,” The Westin Hotel, Waltham, Ma, May 30,1997
- AAUW Symposium, Gender Equity in Careers and Classrooms, “Mobilizing Parents to ensure Gender Fairness in Schools,” Salem State College, May 3, 1997
- Bentley College Multicultural Center, Workforce 2000, “Why Diversity?” Waltham, MA, March 5, 1997

- Bentley College, Leadership Conference, "Invisible Leadership: A Panel of Women Leaders," Waltham, MA, November 2, 1997
- Parent-to-Parent Group, Pike School, "Gender Issues in Social Dilemma," Andover, MA, November 12, 1996
- Chapel Hill/Chauchy Hall School, "Using Gender to Further Cross Cultural Communication," Waltham, MA, November 7, 1996
- University of Massachusetts, Center for Women in Politics, "Women and the American Political Process," Boston, MA, August 2, 1996
- Brandeis University, Exploring Issues of Gender and Jewish Day School Education Conference, "Derech Eretz in the Classroom: Gender Issue in the Classroom Management," Waltham, MA, February 13, 1996
- Bentley College International Center, "Gender Issues in Cross Cultural Communication," Waltham, MA, January, 1996
- Faye School, Parent of Independent Schools Network, "Gender Issues in Schools," Southborough, MA, January 19, 1996
- Completed needs assessment for a potential Bentley College Center for Women in Business. Waltham, MA, 1995
- Brimmer and May School, Commencement Speaker, "The Future for Young Women," Brookline, MA, June 14, 1995
- Brookline Adult and Community Programs, "A.D.D. Through the Lifespan," Brookline, MA, (Winter 1995) and Newton, MA, Spring 1995
- Solomon Schechter Day School, "Gender Issues in Schools," Newton, MA, January 18, 1995
- Midwest Political Science Association Annual Meeting, "A Tale of Two Professions: Women in Business and Women in Politics," 1994
- Bentley College, Petrina Conference Steering Committee, "Women in Business," 1994
- Jewish Family and Children's Service, Visiting Mom's in-service program, February 2, 1994
- American Association of University Women Annual Conference, Gender Issues in the Classroom and on the Campus: Focus on the 21st Century, "Ignoring the Mother's Voice: Sex Bias in Individual Education Plans," Minneapolis, MN, June 19, 1993
- Lesley College, Threshold Program Symposium, "The Parental Role," Cambridge, MA, May 21, 1993
- Boston University, School of Social Work, Division of Continuing Education. Boston, MA, May 20, 1993
- Barnard Center for Research on Women, The Scholar and the Feminist XIX, Women as Change Makers: Building and Using Power, "Women Lawmakers," New York, NY, April 24, 1993
- National Conference on Work and Life: Strategies for the Future, "The American With Disabilities Act," Boston, MA, April 15, 1993
- National Conference on Work and Life: Strategies for the Future, "Changing Corporate Culture," Boston, MA, April 14, 1993
- NOW Berkshire Community College, "Everything you wanted to know about Running for Office and Getting a Political Appointment," Pittsfield, MA, November 21, 1992
- Pennsylvania State University, Research on Women in Education (a special interest group of the American Educational Research Association), "Sex Bias in Individual Education Plans and In the Individual Educational Plan Process," College Park, PA, November 13, 1992

- Wellesley for Research, Luncheon Seminar Series, "Sexism In Special Education: The Case of the Individual Education Plans," Wellesley, MA, Oct. 29, 1992
- Shriver Center Noon Lecture Series, "Mothers of Children With Disabilities," Waltham, MA, Sept. 15, 1992
- Lesley College, Threshold Program Symposium, "Mothers of Children with Developmental Disabilities: A Critical Review," Cambridge, MA, May 29, 1992
- Tufts University, Regional Conference on Women, "Mothers of Children with Disabilities," Medford, MA, March 28, 1992
- Franciscan Children's hospital, in-service training, "Parents of Children with Disabilities," Boston, MA, March 16, 1992
- Wellesley Center for Research, Luncheon Seminar Series, "We're People, Too -- Mothers of Children with Disabilities," Wellesley, MA, March 12, 1992

Memberships (past and present):

- Hadassah
- National Association Jewish Legislators
- National Organization of Women
- Nashua Association for Retarded Citizens
- National and Massachusetts Women's Political Caucuses
- Women's Action for New Directions (WAND)