

**Brandeis Counseling Center
Mailman Building
Main number: (781)736-3730**

Emergency consultation during day and after hours: (781)736-3785

Director: Joy von Steiger, PhD (781) 736-3782 jvonst@brandeis.edu

Associate Director: Amy Scobie-Carroll, LICSW (781)736-3732 or (781)736-3785 during the day ascobiecarroll@brandeis.edu

Senior Clinician: Dennis Tyrell, PhD (781)736-3727 dtyrell@brandeis.edu

Academic Services: (781)736-3470

Public Safety: (781)736-3333 or 911 to reach Waltham PD for emergencies

Department of Community Living: (781)736-5060

Director Graduate Student Affairs: Jessica Basile (781)736-3547 contact for mental health issues with grad students

Care Team: <http://www.brandeis.edu/care/> Contact for urgent students of concern

Comprehensive Website: <http://www.brandeis.edu/support/>

Brandeis Counseling Center Hours: Mon, Tues and Thurs 9am-8pm; Wed and Fri 9am-5pm

Urgent Walk in hours: Mon-Fri 11am and 3pm

We are a multicultural counseling center which provides assessment, short-term treatment and stabilization, emergency consultation, medication management, group therapy and referrals to the community. We treat in Mandarin, Cantonese, Hebrew, Portuguese, and Spanish.

American College Health Association Survey

2018 Brandeis Results (440 graduate students responded)

	Male (% agreed)	Female (% agreed)
Felt hopeless in last 2 wks	15	22
Felt very lonely in last 2 wks	24	28
Felt so depressed it was hard to function in last 2 wks	8	13
Seriously considered suicide	0	1.4
Received Mental Health Services at Brandeis	9	25

We have seen graduate students this year for 1232 appointments. We have had 42 urgent care visits with graduate students and 72 Community Therapy visits so far this year.

Symptoms of Distress You Might Notice in the Classroom

Symptoms	Behaviors	Actions
Mild	Declining performance, absences	Undergraduates: report to Academic Services Graduates: Jessica Basile Care Team: http://www.brandeis.edu/care/ Talk to student and listen
Moderate	Repeated requests for extensions, Distracting class, prolonged absences	Same actions as above AND: Refer student to campus support- Brandeis Counseling Center, Dean's Office, Chaplaincy, Community Therapist, PARC, ODEI Talk to Student and Listen and Ask about Suicide
Severe	Stalking, threats to others, overt suicidality, inappropriate communication, highly disruptive	If the student is on campus: Call Public Safety 6-3333 If the student is off campus: Call 911 Do not leave student alone