<table>
<thead>
<tr>
<th>Time Phase</th>
<th>What can you do...</th>
</tr>
</thead>
</table>
| **1 Hour** | Go on line and learn about El Salvador’s gang and human trafficking problems.  
Go online, read up and learn about human trafficking problems in South Asia.  
Find definitions of “slums” in dictionaries (Thesaurus, Mirriam Webster, Oxford)  
Google Nicholas Kristof and Sheryl WuDunn to learn about their work with women & girls worldwide  
Read some of the articles about Cuba in daily newspapers, such as the Boston Globe or the New York Times. |
| **1 Day**  | Visit a Salvadoran restaurant in area and talk to people there. Make papusas!  
Reach about and talk to people in this country about human trafficking and gender violence issues. Watch documentaries that put the issue in perspective.  
Watch films (For e.g. Slumdog Millionaire, City of God) to gain insights into life and living in slums; find common threads to global concerns for increasing urban poverty; how women experience living in slums and how different it is from men.  
Start to read a book about the lives of women in Afghanistan (e.g. Love & War in Afghanistan, The Secret Sky, The Women of Afghanistan Under the Taliban, Mountain to Mountain: A Journey of Adventure and Activism for the Women of Afghanistan)  
Talk to US Cuban students, read stories/poems by Cuban writers. |
| **1 Month**| Find agencies in area that are working with Salvadorans and learn what you can contribute. Contact Consulate from El Salvador in East Boston and your local state and national representatives to learn more about immigration reform and efforts to stop trafficking.  
Find local agencies in the region that are working on anti-trafficking initiatives and learn how you can contribute. Contact the Indian Consulate to find out about their safe migration efforts and policies for prevention, rehabilitation and reintegration of trafficking survivors. |
| Source local organizations working on urban poverty; understand community needs and meaningful ways of addressing them; develop questions on how these measures impact communities – gender, age and so on. Explore literature on gender and urban poverty (e.g, Jo Bealls) | Participate in a fundraising event – a walk or run – for a local, national or international organization |
| Consider one of many U.S. summer sessions in Havana - type in "Cuba Summer Programs" or check the study abroad office | Become engaged in local and global actions to stop human trafficking and to reform immigration laws in US. Become engaged in global actions to stop human trafficking Start a giving circle that can support local charities and organizations in addressing the problem. Explore volunteering and/or employment opportunities with organizations such as UN Habitat, International Land Coalition that have a global presence in policy reform. Participate in discussions and webinars on women and land rights and associated issues and make a difference. Volunteer to teach English as a Second Language. Brandeis works with a Waltham program *The Breaking Barriers at WATCH English Tutoring Program.* Contact Elaine Wong ewong@brandeis.edu | Follow the daily developments in US-Cuban relations |

**One Main Take Away!**

Your actions count!