## **Injured at Work Quick Sheet**

- Ensure you and those around you are safe
  - Call Public Safety (781-736-3333) for first aid, help, or there are other hazards
  - Call Occupational Health (781-736-8769) with questions or for additional support
- Notify your supervisor
- Get checked out please contact your primary care provider or be evaluated by a local urgent care or emergency room
- Complete the accident/injury report. Please use this link below to create an accident/injury report. go.brandeis.edu/accident or Scan QR code to access report:



## **Brandeis Contacts**

Public Safety Emergency: (781)736-3333

Public Safety Non-Emergency: (781)736-5000

Occupational Health: Suzanne Raj, occhealth@brandeis.edu, (781)736-8769

Worker's Compensation: Renee Relerford, reneerelerford@brandeis.edu, (781)736-4451

Environmental Health & Safety: Andrew Finn, afinn@brandeis.edu, (781) 736-4262

Facilities: Monday-Friday 7 AM- 4:30 PM (781)736-8500. Weekends, Holidays and After

Hours (781)736-5000

## **Local Urgent Care**

*AFC Urgent Care Waltham*: 1030 Main St ⋅ (781) 894-6900

Monday - Sunday: 8:00 AM - 8:00 PM

Newton-Wellesley Hospital Waltham Walk-In: 9 Hope Ave · (617) 243-5590 Mondays - Friday: 10 AM - 6 PM, Saturday 9 AM - 5 PM, Sunday: CLOSED

PhysicianOne Urgent Care Waltham: 1019 Trapelo Rd · (860) 650-3848 Monday - Friday: 8 AM - 8 PM, Weekends and Holidays: 9 AM- 5 PM

## **Emergency Rooms**

*Newton-Wellesley Hospital- Main Campus:* 2014 Washington St. Newton, MA 02462 · (617) 243-6193.

Poisoning or Chemical Exposure Hotline: 1-800-222-1222

**Blood Borne Pathogen Exposure:** Wash exposed and seek medical evaluation immediately.