We are Stability Health

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Endocrinologist  Endocrinologist  Certified Diabetes Educator  Certified Diabetes Educator

Does someone update your diabetes care plan as your condition changes? We do
Are you able to conveniently share your blood glucose logs with your provider? We can
Does anyone answer your questions between visits? We will
Technology is awesome, but sometimes do you want to talk to a person? We are human

Managing diabetes is hard. But it doesn’t have to be. We are here for you.
Your health benefit now includes Stability Health diabetes care management as a fully covered service! Your employer is committed to improving diabetes care for all members, however, they do not know who receives this benefit – your health information remains confidential.

We update your diabetes care plan as your condition changes

Diabetes changes naturally over time, and so treatments for your diabetes must also change. At Stability Health we understand this evolution and will help keep you on a stable path with personalized plans for your unique situation. We are here for you *whenever* you need us, even between appointments, to help put YOU in control of your diabetes, in full partnership with your provider.

We can conveniently share your blood glucose readings with your provider

We make it easy for you to upload your blood sugars from home. If our active monitoring alerts us that you are trending high or low, we won’t wait for your next appointment to improve your diabetes control. Rather, we will help you determine what may be causing the changes and share that critical data and suggestions for correcting the problem with your provider. Your clinic visits will be more meaningful and productive as your provider will be ready with your progress, changes in health, and glucose data.

We will answer your questions between visits

Do you have to wait until your next diabetes appointment to ask a question or must call between certain hours, then wait on hold to reach clinical members? Stability Health can be reached at your convenience during regular working hours. You can let us know how frequently you want to be contacted, when it is most convenient, or even set a recurring discussion time. You can also reach your personal coach through our mobile app.

There are times you need to talk to a real person

Sometimes it can feel like no one is listening. We’re listening! While diabetes technology is advancing at a rapid pace, at Stability Health we believe it will never take the place of talking to a real person. We use technology tools to keep you in control of your condition, but the best support is through your personal diabetes health coach and the entire team of experts at Stability Health. The value of human interactions and understanding can never be replaced, and it is why we build trusting relationships with both you, and your provider.

If you or any of your beneficiaries have diabetes, learn more about us at [www.stabilityhealth.com](http://www.stabilityhealth.com) and contact us at 857-702-2171 or info@stabilityhealth.com to find out how we can work together to put YOU in control of your diabetes.