



Brandeis
UNIVERSITY

Prevention, Advocacy & Resource Center (PARC)

Providing education, empowerment and support related to sexual violence, relationship violence, stalking, and more.

What does PARC do?

PARC provides *confidential* support to members of the Brandeis University community who have been impacted by sexual violence, relationship violence, stalking, or another type of violence, or who have questions that may be related. We work to foster a culture of accountability and consent at Brandeis through advocacy, as well as violence prevention education and awareness-raising.

Our services include:

Prevention – education addressing the root causes of violence, with the goal of preventing specific instances of violence as well as changing how we as a community think about and react to situations of violence.

Violence Prevention Education

Our team of peer educators conduct a variety of trainings open to the Brandeis community and by specific request. Our most popular training series, *'DEIS won't just roll with it'*, focuses on bystander intervention and is customizable for each group. Our trainings are always growing and changing in response to new topics and needs, so we encourage you to visit the Prevention section of our website to see what's new.

Awareness Raising & Events

Throughout the year, PARC hosts and co-hosts events and campaigns to challenge stigmas and debunk myths related to violence. Some events aim to raise awareness of the prevalence of violence and what it may look like; other programs are designed to challenge how we are socialized to think about these issues. If you are interested in working with us on an event, please reach out to parc@brandeis.edu.

You can request PARC to be present at your event to offer support and expertise if there is content related to violence. We also plan and facilitate various events on campus, including panels discussing how different communities are impacted by violence, interactive, critical movie screenings, and recurring initiatives such as Wellness Wednesdays, a series of self-care activities and workshops.

Advocacy – If you or someone you know from the Brandeis community has been impacted by violence, or you are not sure about experiences that you've had or witnessed, Peer Advocates and/or professional staff are here for support.

Peer Advocates

Our highly trained, confidential Peer Advocates are undergrad and graduate students prepared to support you in a variety of ways, such as discussing your options, helping you create a safety plan to stay physically and emotionally safer on campus, or simply listening without judgment. Peer advocates can work with you to find creative solutions to help you stay successful and safe at Brandeis after experiencing trauma.

Professional Advocacy

PARC is staffed by two full time employees with expertise for supporting you through a number of feelings and processes related to experiencing violence. We can explain and help you access medical care, report to the Office of Equal Opportunity, report to the police, file a case in civil court, and much more. Every person's needs are different, so our goal is to partner with you to support what you want to do. At PARC, you will never be pressured to do or share anything that you don't want to.

What does confidential mean?

At PARC, everything we talk about can stay between us with very few exceptions.* This can be helpful for you especially if you aren't sure what you want to do next. We can talk about what happened to your or a friend and give you full control over who else knows and what happens next. If you ever want us to share something you tell us with another office on campus, for instance, we will need your written permission to do so.

**Exceptions to our confidentiality: you express that you are going to hurt yourself or someone else, or you share information about the abuse of a child (under 18), an elder (60+), or a person with a disability (as defined by MA law).*

How do I contact PARC?

Call our 24/7 hotline: 781-736-3370

Visit Usdan G-108 (hallway to the right of Levin Ballroom) during Peer Advocate drop-in hours: M-F from noon-5pm when classes are in session.

Professional staff members are available by appointment from 9am-5pm on weekdays or after-hours by request. To schedule an appointment or for general questions email parc@brandeis.edu or call 787-736-3371.

Learn more about our programs, services, and how you can get involved at brandeis.edu/PARC



24/7 Hotline: 781-736-3370 | Office: 781-736-3371 | www.brandeis.edu/PARC

Off-campus resources:

Asian Task Force Against Domestic Violence

24/7, multilingual hotline: 617-338-2355 | atask.org

Beth Israel Deaconess Medical Center, Center for Violence Prevention and Recovery

24/7, multilingual hotline: 617-667-8141
bidmc.org/violenceprevention

Boston Alliance of Gay, Lesbian, Bisexual and Transgender Youth (BAGLY)

617-227-4313 | bagly.org

Boston Area Rape Crisis Center

24/7, multilingual hotline: 800-841-8371 | barcc.org

Middlesex County Victim Witness Services

781-897-8300 | middlesexda.com/prosecution/
victim-witness-services.php

The Network/La Red - survivor-led organizing to end partner abuse and support survivors in LGBQ/T, poly, and SM communities

24/7, multilingual hotline: 617-742-4911 | tnlr.org

Newton-Wellesley Hospital Sexual Assault Nurse Examiner Services

Enter through the Emergency Room
2014 Washington Street, Newton, MA
For information, call 617-243-6521

Contact PARC:

24/7 Hotline:
781-736-3370

**Peer Advocate
drop-in hours:**
M-F from noon-5pm
whenever classes are
in session.

Usdan G-108

**Appointments
and questions:**
781-736-3371 or
parc@brandeis.edu

REACH — Beyond Domestic Violence

24/7, multilingual hotline: 800-899-4000 | reachma.org

SafeLink Domestic Violence

24/7 multilingual hotline: 877-785-2020
24/7 multilingual TTY: 877-521-2601
casamyrna.org/get-support/safelink

Victim Rights Law Center

617-399-6720, ext. 19
victimrights.org

Waltham Police Department

For an off-campus emergency call 911
Non-emergency line 781-893-3700

There are many great resources on campus and in the community to help with issues that may come up after you or someone you care about has experienced violence. **You are not alone.**

Other on-campus resources:

Brandeis Office of Equal Opportunity

Contact this office to learn more about and/or report a violation of the Discrimination, Harassment, and Sexual Misconduct Policy.

Director & Title IX and ADA/504 Coordinator
Sonia Jurado: sjurado@brandeis.edu

More details about the reporting and investigation processes: brandeis.edu/OEO

Brandeis Public Safety

Stoneman House | Emergencies: 781-736-333
Non-emergency line: 781-736-5000.

24/7 Police presence for safety, security, investigation & assistance. Also includes BEMCO, the student-run emergency medical service.

Brandeis Counseling Center (BCC)

Mailman House | 781-736-3730
After-hours emergency line: 781-736-3785

Individual and group counseling for Brandeis undergraduate and graduate students.

More info & current hours: brandeis.edu/counseling

Health Center

Stoneman-Golding Building | 781-736-3677

Board certified MD's and NP's providing care for illness, injury, and preventive services.

More info & current hours: brandeis.edu/health

Center for Spiritual Life

Usdan 51 | 781-736-3570

Offering counseling, support, and community to students of all faiths.

More info about faith communities, sacred places on campus, and support: brandeis.edu/spiritual-life.

University Ombuds

781-736-2265

Confidential, independent, impartial, informal resource for all members of the Brandeis community. Specializing in resolving conflict, explaining university policies and procedures, facilitating communication, and offering appropriate referrals.

More info & resources: brandeis.edu/ombuds

For other support resources at Brandeis, visit brandeis.edu/support for a longer list and comprehensive descriptions of these resources and many others.