

What to expect at a SANE Exam



Before the Exam

- Toxicology kits need to be collected within 4 days of the occurrence; an exam needs to be completed within 5 days of the assault.
- A medical advocate may be called to support and inform you of your options - you do not have to utilize this advocate.
- To preserve evidence try to avoid doing the following:
 - Showering, brushing your teeth, combing your hair, going to the bathroom, changing your clothes
 - If you have changed clothes, place them in a paper bag to bring with you.



During the Exam

- If possible, go to a hospital with a SANE Program.
 - These exams are free and do not require you to file a report. They are part of the Emergency Department of a hospital.
- If you are under 18, over 60, or disabled, it is important to be aware of mandated reporting.
- Any physical injuries will be treated before an exam.
- The exam will last for 2-8 hours. A Sexual Assault Nurse Examiner (SANE) will conduct the exam.
- A verbal account can help the examiner know where to look for evidence.
- Samples may be taken from your mouth, vaginal and/or anal cavity, penis and scrotum, fingernails, and other areas that may have evidence on them.
- Injuries are documented and may be photographed, including the genital area.





During the Exam (cont'd)

- You will be asked about recent consensual sex to rule out any DNA left behind.
- If you or the examiner believes you were drugged, a toxicology kit may be collected.
- A pregnancy test may be done and emergency contraception may be provided.
- Tests for STIs may be performed.
- The clothes you were wearing at the time will be collected. You will be given clothes to wear home if needed.



After the Exam

- Save your SAECK number if you want to track your kit through the Track-Kit service.
- Toxicology reports are available about 12 weeks after collection. The results can be received by calling 1-866-269-4265 or the DA's Office if reported (you will need your SAECK number).
- STI tests should be conducted 3 and 6 months after your exam.
- General follow-up appointments with your doctor are encouraged to check on any injuries, for pregnancy/STIs, and your mental health.
- Your medical advocate or SANE nurse can provide options for support.
- You can file a report after an exam. Legal advocates are available through BARCC.

WE BELIEVE YOU.

YOU ARE NOT ALONE.



Prevention, Advocacy & Resource Center
24/7 Hotline: 781-736-3370
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