



Boston Roybal Center Annual Meeting

October 14, 2022

10 am to 4:30 pm

Rappaporte Treasure Hall

Brandeis University

Morning to Noon Session	
10:00-10:30	Brad Manor (Hebrew Senior Life): <i>Modulating Brain Activity to Improve Goal-Directed Physical Activity In Older Adults</i>
10:30-11:00	Maiya Geddes (Northeastern University, McGill University): <i>Changing and Understanding Motivation to Increase Physical Activity Among Sedentary Older Adults: Daily Activity Study of Health (DASH)</i>
11:00-11:30	Mirjam Stieger (Brandeis University, University of Lucerne): <i>Testing Self-Control as a Behavior Change Mechanism to Increase Physical Activity</i>
11:30-12:00	Dinesh John/ Diego Arguello (Northeastern University): <i>An Integrated Two-Way Communication and Near-Real-Time Sensing System to Detect and Modify Daily Inactivity among Adults Age 60 and Above</i>
12:00-1:00	LUNCH
Afternoon Session	
1:00-1:30	Jeff Huffmann/ Christopher Celano (Massachusetts General Hospital): <i>A Randomized Pilot Trial of a Multicomponent Interactive Text Message Intervention to Promote Physical Activity in Midlife Adults</i>
1:30-2:00	Xin Yao Lin (Brandeis University, Weill Cornell Medical): <i>Social Exergame Intervention to Promote Physical Activity, Social Support, and Well-Being in Family Caregivers</i>
2:00-2:30	Francino Porciuncula (Boston University): <i>Amplifying Physical Activity Through a Digital Music Therapeutic In Parkinson Disease</i>
2:30-3:00	Courtney Millar (Hebrew Senior Life): <i>Dietary Intervention Targeting Inflammation, Depressive Symptoms, And Engagement</i>
3:00-3:15	Break
3:15-4:30	Group Discussion on Future Plans