



## Boston Roybal Center Annual Meeting

October 14, 2022

9:45 am to 3:30 pm on Zoom

<https://brandeis.zoom.us/j/96163126872?pwd=a29Pa3hQMTVrVIRUczR5cmtQd0Q5UT09>

Password: 356582

| Morning to Noon Session |   |
|-------------------------|---|
| 9:45-10:00              | <b>Margie Lachman</b> (Brandeis University): Opening remarks  |
| 10:00-10:30             | <b>Brad Manor</b> (Hebrew Senior Life): <i>Modulating Brain Activity to Improve Goal-Directed Physical Activity In Older Adults</i>   |
| 10:30-11:00             | <b>Maiya Geddes</b> (Northeastern University, McGill University): <i>Changing and Understanding Motivation to Increase Physical Activity Among Sedentary Older Adults: Daily Activity Study of Health (DASH)</i>    |
| 11:00-11:30             | <b>Mirjam Stieger</b> (Brandeis University, University of Lucerne): <i>Testing Self-Control as a Behavior Change Mechanism to Increase Physical Activity</i>  |
| 11:30-12:00             | <b>Dinesh John/ Diego Arguello</b> (Northeastern University): <i>An Integrated Two-Way Communication and Near-Real-Time Sensing System to Detect and Modify Daily Inactivity among Adults Age 60 and Above</i>      |
| 12:00-12:30             | <b>BREAK</b>  |
| Afternoon Session       |   |
| 12:30-1:00              | <b>Jeff Huffmann/ Christopher Celano</b> (Massachusetts General Hospital): <i>A Randomized Pilot Trial of a Multicomponent Interactive Text Message Intervention to Promote Physical Activity in Midlife Adults</i> |
| 1:00-1:30               | <b>Xin Yao Lin</b> (Brandeis University, Weill Cornell Medical): <i>Social Exergame Intervention to Promote Physical Activity, Social Support, and Well-Being in Family Caregivers</i>                              |
| 1:30-2:00               | <b>Francino Porciuncula</b> (Boston University): <i>Amplifying Physical Activity Through a Digital Music Therapeutic In Parkinson Disease</i>   |
| 2:00-2:30               | <b>Courtney Millar</b> (Hebrew Senior Life): <i>Dietary Intervention Targeting Inflammation, Depressive Symptoms, And Engagement</i>  |
| 2:30-2:45               | <b>BREAK</b>  |
| 2:45-3:30               | <b>Group Discussion on Future Plans</b>   |