

Name: \_\_\_\_\_ Grade: \_\_\_\_\_ School: \_\_\_\_\_

## Study Habits Survey

The purpose of this questionnaire is to help you get information about how well you study right now. As you examine the results, you will discover your areas of strength and of weakness. The results will have meaning only if you are honest and respond as accurately as possible. If the statement is true about you, circle Y for yes. If the statement is false as it applies to you, circle N for no. Be sure to circle Y or N for each statement. Answer carefully so that you get accurate information.

- |     |   |   |   |     |
|-----|---|---|---|-----|
| 1.  | I have trouble finishing tests on time.   | Y | N | 1.  |
| 2.  | I set aside a regular time for studying every day.  | Y | N | 2.  |
| 3.  | Before I read a chapter, I turn headings into questions so that I know what I'm going to learn.       | Y | N | 3.  |
| 4.  | I don't have much luck following a definite study schedule.   | Y | N | 4.  |
| 5.  | I give up if an assignment is difficult.  | Y | N | 5.  |
| 6.  | I have difficulty determining important points in lectures.   | Y | N | 6.  |
| 7.  | Before class starts, I review yesterday's lecture notes.  | Y | N | 7.  |
| 8.  | I waste time because I am not organized.  | Y | N | 8.  |
| 9.  | I focus entirely on my work when I study.   | Y | N | 9.  |
| 10. | I feel uncomfortable reading a chapter unless I've read all the headings and the summary first.       | Y | N | 10. |
| 11. | I don't bother taking notes on lectures.  | Y | N | 11. |
| 12. | I get sleepy when I study.  | Y | N | 12. |
| 13. | I check my lecture notes to fill in any missed words soon after the lecture.                          | Y | N | 13. |
| 14. | I seldom hear a lecture that is well organized.   | Y | N | 14. |
| 15. | I enjoy learning.   | Y | N | 15. |
| 16. | Before I begin an assignment, I estimate how long it will take me and then try to beat the clock.     | Y | N | 16. |
| 17. | Before answering an essay question, I organize what I am going to write.                              | Y | N | 17. |
| 18. | I have difficulty concentrating when I study.   | Y | N | 18. |
| 19. | Using lecture notes and the textbook, I can usually predict 50-60 percent of the questions on a test. | Y | N | 19. |
| 20. | I could get better grades.  | Y | N | 20. |
| 21. | I take time to study every day.   | Y | N | 21. |
| 22. | I try to record everything a teacher says in a lecture.   | Y | N | 22. |

***Study Habits continued***

23.	I set aside time every week to review for each course.	Y	N	23.
24.	Every time I study for a course, I spend some time in review.	Y	N	24.
25.	I'd rather get through fast than have a perfect paper.	Y	N	25.
26.	I usually lose points on my exams because of careless mistakes.	Y	N	26.
27.	I usually seek a quiet place to study.	Y	N	27.
28.	Before I leave class, I make sure that I know what homework to do and how to do it.	Y	N	28.
29.	I have a hard time getting interested in some of my courses.	Y	N	29.
30.	Good grades are important to me.	Y	N	30.
31.	I stop to recite what I remember after reading each section in a chapter.	Y	N	31.
32.	I know what time of the day I do my best studying.	Y	N	32.
33.	I study only when I feel like it.	Y	N	33.
34.	I seldom read the questions at the end of the chapter before I begin reading the chapter.	Y	N	34.
35.	I often have trouble finding enough time to study.	Y	N	35.
36.	I remember little of what I study.	Y	N	36.
37.	I put off studying that I should be doing.	Y	N	37.
38.	To remember better, I check main headings and the summary before I read a chapter or article.	Y	N	38.
39.	Tests make me so nervous that I can't do my best.	Y	N	39.
40.	I wait until the night before a test to review my lecture notes.	Y	N	40.
41.	I listen carefully to a lecture but I do not take notes.	Y	N	41.
42.	I take time to review the chapter soon after I read it.	Y	N	42.
43.	I really "dig in" when I study.	Y	N	43.
44.	Before starting a test, I plan how much time to use on each section of the test.	Y	N	44.
45.	I spend too much time on some subjects and not enough on others.	Y	N	45.
46.	I skip over charts, graphs, and tables when I read a chapter.	Y	N	46.
47.	I find it difficult to know what is important in a chapter.	Y	N	47.
48.	If I have any time left, I check over my test to avoid errors.	Y	N	48.
49.	Because I want to remember, I listen carefully to any explanations in class.	Y	N	49.
50.	Daydreaming interferes with my studying.	Y	N	50.

### ***Determine Your Score:***

Compare your answers with the scoring key.

Circle the question number below for any that do **not** match the scoring key.

### **Scoring Key:**

1. N	11. N	21. Y	31. Y	41. N
2. Y	12. N	22. N	32. Y	42. Y
3. Y	13. Y	23. Y	33. N	43. Y
4. N	14. N	24. Y	34. N	44. Y
5. N	15. Y	25. N	35. N	45. N
6. N	16. Y	26. N	36. N	46. N
7. Y	17. Y	27. Y	37. N	47. N
8. N	18. N	28. Y	38. Y	48. Y
9. Y	19. Y	29. N	39. N	49. Y
10. Y	20. Y	30. Y	40. N	50. N

### ***What Are My Strengths and Weaknesses?***

Circle the same numbers here that you circled above.

Concentration	9	12	16	18	27	33	50	
Remembering	23	24	29	36	38	40	49	
Organizing time	2	4	8	21	32	35	45	
Studying a chapter	3	10	31	34	42	46	47	
Listening and taking notes	6	7	11	13	14	22	41	
Taking tests	1	17	19	26	39	44	48	
Motivation	5	15	20	25	28	30	37	43


Count how many numbers are circled in each line across and enter that number in the box.  
(Do not add the numbers)

### ***What Does It Mean?***

The higher numbers in the boxes show areas of study skills where you can improve. Lower numbers show areas of study skills you have mastered. Ask your *College Knowledge* Advisor to show you ways to improve your study habits.