REGISTRATION AND CHECKS WILL BE ACCEPTED BY HARMONY CHAPTER ON TUESDAY, DECEMBER 11 FROM 11:30AM – 1:00PM

PLEASE NOTE:
❖ Only paid-up members for July 2018 – June 2019 can register.
❖ Membership dues of $60 must be paid prior to registration.
❖ If you have NOT YET USED your $5 vouchers which are valid through June 30, 2019, you may use them now. Vouchers cannot be used for trips and special events. These vouchers may be used for the following events only: Line Dancing and Low-Impact Exercise (when available), Flix, Faith After the Holocaust, Mah Jongg for Intermediates, Create a Fused Glass Pendant, Puff Pastry, Wine and Design, Beginners Mah Jongg, The Ethicist, Handbuild a Lidded Box, Prelude to High Tea Service, Lampwork Glass Bead Workshop, Mindfulness and A Meal in Silence, Create A Terrarium, Turkey Swamp Park, Pedal Your Paddle Boat.

FOLLOW THESE STEPS TO REGISTER FOR EVENTS LISTED IN THIS GUIDE

1. Select your events. Write a separate check for each individual event. Clearly write the event name, number (and session letter, if applicable) in the memo section at the bottom of each check. **PLEASE MAKE ALL CHECKS PAYABLE TO BRANDEIS UNIVERSITY.**

2. Place each check in a separate envelope. Clearly label each envelope with the event name and number (and session letter, if applicable). If using a voucher, write the name of the study group on it along with your name and place it in the envelope with your check.

Repeat steps 1 and 2 for each event you choose to sign up for. If you select 5 activities, you should write out 5 checks and have 5 envelopes to turn in. At registration, you will place each envelope (with a check enclosed) in a bag identified with the name and number of the activity. At 1PM LOTTERY drawings will be taken from each bag. You will be advised only if you do NOT get into the event you requested. If you cannot attend registration, friends can bring in your envelopes or deliver them the next day to Ruth Pashkin at 31 Portchester Court. Please note that some events may be full at that time.

** For designated events, any amount over Fair Market Value (FMV) is a charitable contribution to BNC’s Magnifying the Mind Fund in support of faculty research in neurodegenerative diseases.**

TRIPS AND SPECIAL EVENTS WILL BE ADVERTISED AND PAID FOR SEPARATELY. WATCH YOUR E-MAIL FOR ANNOUNCEMENTS ABOUT THESE EVENTS.

Events are planned long in advance and money is spent for tickets, transportation, and speakers’ fees well before events take place. No credit/refund will be given for any event, trip or special event unless cancelled by BNC. If you can’t attend an event with a value of $10 or more, please contact Gae Maurer at gmmarino@aol.com to see if there is a wait list. If there is no wait list, you can sell your ticket to a Brandeis member only. Gae will send out a weekly E-mail to help you sell your ticket. Please contact the facilitator to advise her about the change. If an event is rescheduled and you are unable to attend the rescheduled date, then, at your request, reimbursement will be issued in the form of your original payment (cash or credit voucher). Requests for reimbursement must be made within 7 days of the notification of the change.

REMEMBER:
❖ Use the attached Registration Summary sheet to serve as a reminder of the activities you signed up for. Mark your personal calendars with these dates.
❖ Check the BNC monthly calendar listing upcoming activities on your E-mail.
**PROCEEDS FROM *DESIGNATED EVENTS* WILL BENEFIT THE MAGNIFY THE MIND CAMPAIGN IN SUPPORT OF SCIENCE FACULTY RESEARCH IN NEURODEGENERATIVE DISEASES**

**LINE DANCING AND LOW-IMPACT EXERCISE**

Good News! Nancy Carole is doing well and recovering nicely from her knee surgery. We miss her and she misses us! We’re waiting for her final confirmation that she’ll be returning in January. The Aerobics Room is reserved for us and we anticipate that our classes will resume as follows:

**TUESDAYS & THURSDAYS:**
- **LINE DANCING - 10:30AM - 11:30AM**
- **LOW-IMPACT EXERCISE - 11:40PM-12:25PM**

**IMPORTANT:** As soon as we receive final confirmation from Nancy, we’ll send out a special notice to all of you, via email, with the details for signing up for these great classes.

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**1 THE BIG BANDS**

Dust off your dancing shoes, press that Zoot suit and join us for a great musical interlude. Back by popular demand, our resident historians, Jack McNicholas and Stephen Schuh, will again entertain us while presenting one of their “best programs ever.” Utilizing film clips and dialog, we will learn about the big band era of Benny Goodman, Glenn Miller, Duke Ellington and other great jazz bands. This program is open to spouses and significant others.

**Wednesday, January 9 at 1 PM**

**Cost:** $6  **FMV:** $0  **Charitable contribution:** $6  **Limit:** 35

Facilitator: Sandra Tilis • 732-792-3336

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**2 FLIX**

Please join us for a series of wonderful films. *The Fencer* is based on the extraordinary true story of an Estonian fencer who flees the Soviet secret police and finds work as a children’s sports instructor. *Remittance* follows Marie, a foreign domestic worker from the Philippines, as she struggles to cope with demanding employers, long hours of work, and separation from her family. Last but not least, *The Kind Words* is a quirky comedy that follows three Israeli siblings who, in the wake of their mother’s death, learn that the man who raised them is not their biological dad.

**Fridays - January 11, March 8 and May 31 at 1PM (new time)**

**Cost:** $12 for three sessions

Facilitators: Ruth Pashkin • 732-833-1565  
Beverly Sankovsky • 732-833-2026  
Martie Ross • 732-534-6386

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**3 FAITH AFTER THE HOLOCAUST:**

**A PERSPECTIVE FROM ISRAELI LITERATURE**

What words can be used to describe the pain, the suffering, the horrors of the Holocaust to those outside your world who have no reference to what you have experienced? What were the experiences of those who survived or whose parents survived and settled in Israel? Did they lose faith? Rachel Korazim, scholar in Holocaust education and literature, explores answers to these questions through Israeli poetry and literature. This is a filmed presentation. This program is open to spouses and significant others.

**Wednesday, January 23 at 1 PM**

**Cost:** $5

Facilitators: Sandra Tilis • 732-792-3336  
Ginger Murphey • 540-207-4544
4 MAH JONGG FOR INTERMEDIATES
This study group is not for beginners. It's for those who know the basics. You may have taken our Mah Jongg lessons in the past but haven’t played a lot. You need practice. Maybe you played years ago and need a refresher class. To register for this class, you should know tile names, how to read the Mah Jongg card, how to pick and throw. You will learn how to set up a hand, which tiles to keep and which ones to throw. You will spend a lot of time actually playing. We will be there to answer your questions. After two sessions, we think you will feel confident enough to join a Mah Jongg group. Please bring a 2018 Mah Jongg card to the class.

**Monday, January 28 and Wednesday, January 30 at 10AM**
**Cost: $8 for both sessions**
**Limit: 12**
**Facilitator: Ilene Garlock • 732-928-9571  Ruth Pashkin • 732-833-1565**

5 FROM PEARS TO APPLES
*DESIGNATED EVENT*

WHY AM I GAINING WEIGHT AROUND MY MIDDLE?
Get the facts from Caryn Alter, a registered dietitian at CentraState Medical Center. Caryn will discuss post menopause and its often frustrating effects on weight and body composition. Then get some tips from physical therapist, Amanda LaRaus, on the importance of pelvic floor health after menopause.

**Wednesday, February 6 from 2 - 3PM**
**Location: CentraState Health Awareness Center, Suite 100, Building B**
**Cost: $18  FMV: $13  Charitable contribution: $5**
**Facilitator: Stephanie Isaac • 732-833-7414**

6 IS REIKI THE ANSWER?
*DESIGNATED EVENT*

Are you stressed? Do you have aches and pains and low energy? You don’t want to take medication but you don’t know what to do? Please join us for an informative session on Reiki. Reiki is the Japanese technique for stress reduction and relaxation that also promotes healing. It is administered by the "laying of hands" based on unseen "life force energy" flowing through us and giving us life. Suzy Domenick, certified in Reiki, will explain how Reiki supports mental clarity and spiritual well-being and how we can use it in our everyday life.

**Wednesday, February 13 from 10:30AM – 12 noon**
**Cost: $8  FMV: $2  Charitable contribution: $6**
**Facilitator: Joyce DeSiena • 732-534-6764**

7 VISIT THE HAPPY DAY FARM SUGAR SHACK
*DESIGNATED EVENT*

Farmer Tim of Happy Day Farm in Manalapan will welcome us to his 130-acre farm in Manalapan where we will be treated to a Sugar Shack demonstration. This is a great outdoor winter experience where attendees will take a tractor ride and see their “sugar bush,” find out what equipment is needed to collect sap, learn first-hand how to identify maple trees, and lend Farmer Tim a hand in the tapping process. In Olivia’s Sugar Shack, visitors can see how sap is finally produced into their delicious maple syrup.

**Thursday, February 21 at 1PM**
**Location: Happy Day Farm, 106 Iron Ore Rd. Manalapan**
**Cost: $13  FMV: $10  Charitable Contribution: $3**
**Facilitator: Marcy Kupferman • 732-928-2866**
8 CREATE A FUSED GLASS PENDANT
We return to Make It Glass, a hands-on art glass studio in Lakewood specializing in the field of glass fusion. A demonstration on how to work with glass will be presented, at which point you can begin your project - a colorful GLASS PENDANT WHICH YOU WILL BE PROUD TO WEAR! All materials will be provided and the staff will offer guidance as you create a beautiful piece of art glass! Transportation is on your own.
Monday, February 25 at 10:30AM
Location: Make It Glass, 40 Chestnut St., Lakewood, NJ
Cost: $20 Limit: 25
Facilitator: Marcy Kupferman • 732-928-2866

9 STAYING YOUNG AND BEAUTIFUL
*DESIGNATED EVENT*
Taking Care of Your Skin and Preventing Wrinkles
Are you interested in optimizing your physical appearance with radiant and vibrant looking skin to help keep you looking fresher and younger? Come explore if there really is a fountain of youth to combat aging with some of the latest nonsurgical measures in cosmetic medicine. Dr. Sherry Kumar, a resident in Family Medicine, will present this seminar on anti-aging medicine. There will be no pressure to buy products. Please come and enjoy the afternoon and the information!
Wednesday, March 6 at 2PM
Location: CentraState Health Awareness Center
Cost: $16 FMV: $13 Charitable contribution: $3
Facilitator: Stephanie Isaac • 732-833-7414

10 MEDITATION AND LETTING GO
*DESIGNATED EVENT*
Join us in the meditation process as we experience first-hand how to meditate with purpose. Shazia Zaman, a seasoned meditator and teacher, will lead us in discussing topics such as letting go, attachment, and being present with a peaceful heart. Guaranteed to help you in traveling “the path.”
Monday, March 11 at 10AM
Cost: $10 FMV: $7 Charitable contribution: $3 Limit: 25
Facilitator: Carol Kruh • 732-994-5047

11 ALL THINGS IRISH
*DESIGNATED EVENT*
Back again is Paul White (his mother's maiden name is McCormick) to bring you his view on the history of the Irish, their emigration to the USA and their cultural impact upon our society. Wearing of the Green is optional. Refreshments will be served. This program is open to spouses and significant others.
Wednesday, March 13 from 1:30 - 3PM
Cost: $12 FMV: $7 Charitable contribution: $5
Facilitators: Diane Ireland • 732-483-4414
Lu Certo • 732-428-7262
12 WIGFUL THINKING  
Did you ever want to try a "new look"? Our guest speaker is Carol Criscio, owner of Wigful Thinking in Hamilton, NJ. First, we will learn some history about wearing wigs which goes back hundreds of years. Then, let’s have some fun as volunteers get to model wigs and hair pieces. There are many reasons for wearing wigs like thinning hair, medical problems and just to have fun enhancing your look. Would you like to try a different color or let your hair go natural and try a white or grey wig, or would you like a natural but fuller hairdo? Today you will get some answers to these questions!  
**Monday, March 18 at 1PM**  
Cost: $6          FMV: $0        Charitable contribution: $6  
Facilitator: Dena Hanig  •  732-928-1637

13 PUFF PASTRY  
Making beautiful and fancy puff pastry appetizers and desserts is easy. We will make fake cinnamon buns and a spinach and feta calzone. The skills you acquire will serve you well in your future entertaining. Take home an appetizer and dessert for dinner.  
**Thursday, March 21 at 1PM**  
Location: 3 Exton Way, Jackson  
Cost: $18          Limit: 7  
Facilitator: Hope Eisman  •  732-961-3599

14 WINE AND DESIGN  
Join us for an afternoon of creativity! Hali Crystall from Wine and Design Studio in Howell will set up a studio in our clubhouse craft room and guide us in painting a wooden palette plaque. We will have a choice of three designs and all of the materials will be provided to create your own masterpiece which can be hung on a door or wall. Refreshments will be provided. Dress for a mess! You may BYOB if you wish.  
**Monday, March 25 at 1:30PM**  
Cost: $40          Limit: 20  
Facilitators: Marcy Kupferman  •  732-928-2866  
Terry Kaska  •  732-928-2591  
Ilene Garlock  •  732-928-9571

15 CAROL BURNETT BECOMES A STAR  
After his hilarious presentation, “The Show of Shows,” we asked Barry Jacobsen to once again entertain us with stories, anecdotes and his original kinescope of the 1956 episode of “Stanley” in which Carol Burnett joined Buddy Hackett and began her road to stardom. Barry Jacobsen, while working for the creator of the show, Max Liebman, gathered enough information to become a historical expert on Max Liebman’s productions. An enjoyable evening will be had by all. This program is open to spouses and significant others.  
**Tuesday, March 26 at 7PM**  
Cost: $8          FMV: $2.50        Charitable contribution: $5.50  
Facilitator: Sandra Tills  •  732-792-3336
16 OUT OF THE BOX

A Different Mode of Exploration
Take a one-day New York vacation, transportation and excursion included. Come see the world through Gulliver’s eyes, a giant experience in a miniature world. Gulliver’s Gate is an interactive museum on 44th Street in the heart of Times Square. We will meet at Strickland Park and Ride on Route 9 in Howell to board a NJ Transit bus which will take us to Port Authority. Once in the city we will stop for coffee, visit the museum, lunch, shop or head home - your choice! Cost of lunch not included. Please go to www.citysightsny.com/gullivers-gate.html for more information.

Friday, March 29 at 9AM
Location: Strickland Park and Ride ($2 to park for the day)
Cost: $45 FMV: $40 Charitable contribution: $5
Travel Agents: Ruth Pashkin • 732-833-1565 Jan Thompson • 732-276-5535
Stephanie Isaac • 732-833-7414

17 HAIL TO THE QUEEN

A BRUNCH AND LEARN EXPERIENCE - Hear ye, hear ye! Queen Victoria is coming to Metedeconk! Her majesty, the Queen Victoria, will regale us with stories of her childhood, her marriage and her family as well as debunk some popular myths that surround the woman who gave her name to an era. Join us for another memorable brunch and learn experience as actor Alisa Dupuy, portraying the queen, informs and entertains us.

Wednesday, April 3 at 11AM
Cost: $20 FMV: $13 Charitable contribution: $7
Facilitators: Ilene Garlock • 732-928-9571 Sandra Tilis • 732-792-3336

18 BEGINNERS MAH JONGG

Learn how to play the game. You will learn the rules and actually play. Please bring a 2019 Mah Jongg card.

Thursdays, April 4, 11 and 25 at 1PM
Cost: $10 for all three sessions Limit: 12
Facilitator: Julie Greenberg • 732-833-1319

19 THE ETHICIST

Join us for a delicious breakfast of your choice at the Park 9 Diner in Freehold. We will discuss questions from the New York Times column, “The Ethicist,” as well as other ethical issues in the news. You can register separately for each session. Transportation is on your own.

19A. Monday, April 8 from 10AM – 12 noon
19B. Monday, June 24 from 10AM – 12 noon
Location: Park 9 Diner, Route 9 and Elton-Adelphia Rd., Freehold
Cost: $4 per session + cost of breakfast Limit: 25
Facilitator: June Gerstman • 732-833-6996
20 DISCOVER ROOSEVELT, NJ *DESIGNATED EVENT*
Michael Ticktin, Roosevelt Town Historian, will lead us on an exploration of our neighboring town, Roosevelt. Originally called New Jersey Homesteads, it was created during the Great Depression as part of President Franklin D. Roosevelt’s New Deal. The town was home to a “utopian” cooperative farming and manufacturing project built specifically for NYC garment workers. The day will begin with a viewing of the film Jersey Homesteads: In The Architectural Vanguard in the Metedeconk clubhouse’s sports room. Then we will all drive over to Roosevelt. Highlights of the day include viewing artist Ben Shahn’s stunning mural depicting a visual history of the town and then a tour of the town, viewing the unique Bauhaus architecture and visiting its historic cemetery. Transportation is on your own.
Friday, April 12 at 9:30AM
Location: Metedeconk sports room and the town of Roosevelt (approx. 20 minute drive)
Cost: $15  FMV: $10  Charitable Contribution: $5  Limit: 30
Facilitator: Marcy Kupferman • 732-928-2866

21 HANDBUILD A LIDDED BOX WITH CLAY
Make a beautiful piece of pottery you can be proud of! We return to the wonderful Creative Arts Center at Thompson Park in Lincroft where we will be guided by a professional potter on how to create a clay box with a lid. We will then select a glaze color and our pieces will be fired for us. All materials will be provided. Dress for a mess! Transportation on your own.
21A. Monday, April 15 at 1:30PM  OR
21B. Monday, June 10 at 1:30PM
Location: 805 Newman Springs Road, Lincroft, NJ
Cost: $23  Limit: 15
Facilitator: Marcy Kupferman • 732-928-2866

22 A PRELUDE TO HIGH TEA SERVICE THE TEA GIRL OF HUMMINGBIRD LAND
Join us for an exciting book discussion about The Tea Girl of Hummingbird Lane, a thrilling new novel from #1 New York Times bestselling author Lisa See. This book explores the lives of a Chinese mother and her daughter who has been adopted by an American couple. A powerful story about a family, separated by circumstances, culture, and distance, Tea Girl of Hummingbird Lane paints an unforgettable portrait of a little-known region and its people and celebrates the bond that connects mothers and daughters. It is the perfect book to set the tone for our high tea service. NOTE: You do not have to read the book to attend the tea service on April 30 but it is highly recommended.
Tuesday, April 23 at 1 PM
Cost: $6  Limit: 35
Facilitators: Terry Kaska • 732-928-2591  Ilene Garlock • 732-928-9571

23 A MORNING OF MUSIC *DESIGNATED EVENT*
Join us for an informative and enjoyable morning of lovely music with local pianist and music teacher, Alan Wasserman. At this time he will present a program that explores contrasting styles of musical composition. NO STAIRS INVOLVED. Transportation is on your own.
Wednesday, April 24 from 11:30 AM – 12:30 PM
Location: Freehold Music Center 4237 Rt. 9 North (Central Jersey Pools Strip Mall)
Cost: $10  FMV: $5  Charitable contribution: $5  Limit: 25
Facilitators: Sharon Weiss • 732-928-2296  Linda Werner • 732-276-5370
24 HEAR YE! HEAR YE! *DESIGNATED EVENT*

Do you or a loved one have issues with hearing the television, phone or conversations? We welcome Wayne Roorda, Hard of Hearing Specialist with the NJ Division of the Deaf & Hard of Hearing (DDHH). He will talk about DDHH and will demonstrate assistive listening devices, hearing aids and cochlear implants. This program is open to spouses and significant others.

Monday, April 29 from 10AM – 12 noon
Cost: $6  FMV: $0  Charitable contribution: $6
Facilitator: Peggy Schoen  •  732-534-4682

25 HIGH TEA AT THE TEA SHOPPE *DESIGNATED EVENT*

Join us for a lovely high tea service at The Tea Shoppe in Howell. We’ll enjoy a selection of delicious tea sandwiches, scones, dessert and a pot of tea. A short presentation on the history of tea will be given when we arrive. Transportation is on your own.

Tuesday, April 30 at 1PM
Location: The Tea Shoppe, 2212 Rt. 9 South (Ideal Plaza), Howell, NJ
Cost: $29  FMV: $24  Charitable contribution: $5  Limit: 75
Facilitators: Terry Kaska  •  732-928-2591  Ilene Garlock  •  732-928-9571

26 SHINRIN-YOKU *DESIGNATED EVENT*

Come for a walk with us! Our guided nature connection walk incorporates the Japanese practice of Shinrin-Yoku, which translates as "forest bathing." This practice reduces stress and promotes health and wellbeing through contact with nature. During our walk participants will learn to slow down in nature using sensory awareness and mindfulness activities. Shinrin-Yoku walks have been shown to reduce stress, lower blood pressure, elevate mood, boost the immune system and improve sleep. Bring water and wear appropriate attire. The walk is not strenuous at all. We move at a relaxed pace. Our leader will be Roni Detrick of Pinelands Pathways and will take place in the cranberry bog area of Whitesbog Village, approximately 45 minutes from Metedeconk.

Friday, May 3 from 9:30 - 11:30AM
Location: Meet at Whitesbog Village General Store, Browns Mills, NJ
Cost: $23  FMV: $20  Charitable contribution: $3  Limit: 18
Facilitator: Marcy Kupferman  •  732-928-2866

27 LAMPWORK GLASS BEAD WORKSHOP

Lampworking is a process where glass rods are melted over a torch flame of propane and oxygen to create glass beads. The beads are shaped by manipulating the glass with tools, hand movements, and gravity. After shaping and decorating, the beads are then annealed for strength. We will visit the studio of lampwork artist Elizabeth Hopkins in Millstone Township where her jewelry designs will be on display. She will demonstrate for us the process of lampworking and will guide us in creating our own bead to cherish.

Wednesday, May 8 at 1PM
Location: 14 Cheryl Lane, Millstone, NJ
Cost: $14  Limit: 10
Facilitator: Marcy Kupferman  •  732-928-2866
28 MINDFULNESS AND A MEAL IN SILENCE

This is a two-session program. The first session will acquaint you with some of the principles of mindfulness and its value in our lives. Discussion and meditation will be part of the experience. You will be given instructions on what to expect at the silent meal at the next session. The second session is a meal in silence. Does that spark your interest? You will participate in a unique experience as we recreate a feeling of a retreat environment. Keep an open mind as each of us will encounter things differently. Be ready to relax, eat, and discover. A vegetarian meal will be served.

**Thursday, May 16 at 10AM** in the library and
**Thursday, May 24 at 12 noon** at the home of Carol Kruh, 90 Nottingham Way

- **Cost:** $10
- **Limit:** 10
- **Facilitators:** Carol Kruh 732-994-5047  
  Martie Ross 732-534-6386

29 CHERRY GROVE FARM TOUR

Join us on a private tour of Cherry Grove Farm in Lawrenceville, a diversified, sustainable dairy farm and creamery situated on 480 acres of woodland, wetland and pasture. They make award-winning farmstead cheeses from their grass-fed raw cows’ milk. They also raise a small number of heritage breed pigs, lambs, chickens and beef cattle raised without hormones, antibiotics or steroids, producing grass-and whey-fed meats. The one-hour tour will cover their farming model, history and mission and info about the land, local history, flora and fauna. We will also have the opportunity to visit their farm store where they sell their delicious cheeses (and get to sample some!) and other locally made products. Transportation is on your own.

**Friday, May 17 at 10:30AM**

- **Location:** Cherry Grove Farm, Route 206N (Lawrenceville Rd.) Lawrenceville, NJ
- **Cost:** $17  
  FMV: $13  
  Charitable Contribution: $4  
  **Limit:** 20
- **Facilitator:** Marcy Kupferman • 732-928-2866

30 TURKEY SWAMP PARK – AROUND THE CORNER

Have you ever been to Turkey Swamp Park? Join us as we take a guided nature walk around the park. This 2,270 acre wooded park was acquired and developed with campers in mind. A walk through the park reveals a primitive wilderness, forested by pitch pines and oak trees. Many plants and animals associated with the New Jersey Pine Barrens can be found here. It will be interesting to hike through a park that is literally in our backyard! We will reschedule if it rains. Bring water and wear comfortable shoes.

**Monday, May 20 at 10AM**

- **Location:** Turkey Swamp Park, 200 Georgia Road, Freehold
- **Cost:** $8
- **Facilitator:** Stephanie Isaac • 732-833-7414

31 SCULPTURE HUNT AT GROUNDS FOR SCULPTURE

Ready, set, HUNT! During a fast-paced, fun introduction to Grounds For Sculpture, you will race against the clock to locate selected sculptures in the park and earn points by completing questions. The hunt will last for one hour. Admission to the park is also included and you can stay in the park as long as you wish. You can stop for lunch in the park at Rat’s Restaurant, The Peacock Café or Van Gogh Cafe. Transportation is on your own.

**Wednesday, May 22 at 10AM**

- **Location:** Grounds for Sculpture, 80 Sculptors Way, Hamilton Twp., NJ
- **Cost:** $28  
  FMV: $25  
  Charitable Contribution: $3  
  **Limit:** 0
- **Facilitator:** Wendy Rahn • 732-833-6808
32  WRONGFUL CONVICTIONS TO JUSTFUL EXONERATIONS  
*DESIGNATED EVENT*

Innocent people are sent to death row every year enduring the indecencies of prison life. The lucky few are exonerated. To explore this issue, we plan a day of discourse, information and media with two expert speakers. You will hear the testimonies of the wrongfully convicted and gain a greater understanding of their plights. We are requesting that you read the book *The Sun Does Shine* by Anthony Ray Hinton, so you can be an active participant in our short but poignant book discussion which will include a teacher of law and society. Areas for discussion will be sent out prior to the seminar. Lunch will be served, so we feed the body as well as the mind.

**Thursday, June 6 at 9:30AM**
Cost: $25  
FMV: $20  
Charitable contribution: $5

Facilitators: Jan Thompson, Ruth Pashkin, Stephanie Isaac, Ilene Garlock, Diane Ireland, Carol Kruh

33  I WANT MY MUMMY!  
*DESIGNATED EVENT*

In an effort to better understand why ancient Egyptian mummies hold such a fascination in our popular culture, Dr. Stephen Phillips, Curatorial Research Coordinator in the Egyptian Section of the University of Pennsylvania Museum of Archaeology and Anthropology, explores the cultural history of our interaction with the world of ancient Egyptian mummies including how these mummies were actually made and how ancient Egypt’s mummies still influence modern life. His highly illustrated presentations, which include his personal excavations, have been some of our favorites. Don’t miss this one! Open to spouses and significant others.

**Thursday, June 20 at 1PM**
Cost: $10  
FMV: $5  
Charitable contribution: $5

Facilitator: Sandra Tilis  • 732-792-3336

34  CREATE A MASON JAR SUCCULENT TERRARIUM

Succulents are one of the easier plants to grow (as long as you don’t overwater them!). We will create our own small decorative succulent terrarium using a mason jar as the container. All materials will be provided. Class will take place in the clubhouse craft room.

**Friday, June 21 at 10:30AM**
Cost: $16  
Limit: 15

Facilitator: Marcy Kupferman  • 732-928-2866

35  PEDAL YOUR PADDLE BOAT

Join some of your Brandeis friends to pedal the paddle boats at Turkey Swamp Park. Exercise, sun, laughs, nature and life jackets included. Let’s give it a try and have some fun. Specific directions will be provided. Transportation is on your own.

**Tuesday, June 25 at 10AM**
Location: Turkey Swamp Park, 200 Georgia Road, Freehold
Cost: $12  
Limit: 12

Facilitator: Stephanie Isaac  • 732-833-7414
SEX AND THE CONSTITUTION

How is an 18th Century document applicable to controversies concerning obscenity, same sex marriage, birth control, abortion, lesbian, transgender and bisexual issues today? Our wonderful, brilliant, super teacher, Susan Addelston, returns to help us answer this question. We will discuss some fascinating case studies distinguishing between original intent and contemporary interpretations. Enjoy bagels and coffee as we mull over this presentation. This program is open to spouses and significant others.

Wednesday, June 26 at 10AM
Cost: $8 plus cat or dog food       FMV: $3       Charitable contribution: $5
Facilitator: Sandra Tilis • 732-792-3336

We want to thank the members who worked so diligently to put together our fabulous Harmony Chapter Offerings. We also would like to recognize our dedicated members who facilitate our programs.

Please help us plan our future Harmony Chapter events. Tell us if you have a talent, interest or personal connections you’d like to share. Since we always work as a team, you’ll have support and guidance in your endeavors.

Looking forward to hearing from you,

Marcy Kupferman, Ilene Garlock and Terry Kaska

SAVE THE DATE FOR THESE ADDITIONAL EVENTS!!
WATCH FOR DETAILS AT A LATER DATE

January 25 – WINTER DOLDRUMS GAMES. Another games day with friends and a light lunch from Livoti’s. This is a BYOB event.

April 13 – BRANDEIS CASINO NIGHT at the Metedeconk Ballroom. Play on professional card tables with professional dealers for Craps, Roulette, Blackjack, Let it Ride and a few slot machines. Livoti’s will cater this event. This is a BYOB event.

May 6 - Visit to BAPS SHRI SWAMINARAYAN MANDIR in Robbinsville, NJ to learn about Hindu culture and religion. Mandir is reported to be one of the largest Hindu temples in North America and one of only six to be completed entirely of stone -- truly a place of peace, beauty and wonder.

May 29 – BOOK AND AUTHOR LUNCHEON is back by popular demand. The luncheon will be held at the beautifully renovated Grand Marquis. Our guest speaker is Sharon Guskin whose book The Forgetting Time is a great read.

June 4 – General Meeting/Registration
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<th>Prog #</th>
<th>Date/Time</th>
<th>Program</th>
<th>Cost</th>
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<tr>
<td>1</td>
<td>Wednesday, January 9 at 1 PM</td>
<td>The Big Bands</td>
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<td>2</td>
<td>Fridays - January 11, March 8 and May 31 at 1 PM</td>
<td>Flix</td>
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<td>3</td>
<td>Wednesday, January 23 at 1 PM</td>
<td>Faith After the Holocaust</td>
<td>$5</td>
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<td>4</td>
<td>Mon., January 28 and Wed., January 30 at 10AM</td>
<td>Maj Jongg For Intermediates</td>
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<td>5</td>
<td>Wednesday, February 6 from 2 -3 PM</td>
<td>From Pears to Apples</td>
<td>$18</td>
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<td>6</td>
<td>Wednesday, February 13 from 10:30AM–12 noon</td>
<td>Is Reiki the Answer?</td>
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<td>7</td>
<td>Thursday, February 21 at 1PM</td>
<td>Happy Day Sugar Shack</td>
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<td>8</td>
<td>Monday, February 25 at 10:30AM</td>
<td>Create A Fused Glass Pendant</td>
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<td>9</td>
<td>Wednesday, March 6 at 2PM</td>
<td>Staying Young and Beautiful</td>
<td>$16</td>
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<td>10</td>
<td>Monday, March 11 at 10AM</td>
<td>Meditation and Letting Go</td>
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<td>11</td>
<td>Wednesday, March 13 from 1:30 - 3PM</td>
<td>All Things Irish</td>
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<td>12</td>
<td>Monday, March 18 at 1PM</td>
<td>Wigful Thinking</td>
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<td>13</td>
<td>Thursday, March 21 at 1PM</td>
<td>Puff Pastry</td>
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<td>14</td>
<td>Monday, March 25 at 1:30PM</td>
<td>Wine and Design</td>
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<td>15</td>
<td>Tuesday, March 26 at 7PM</td>
<td>Carol Burnett Becomes a Star</td>
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<td>16</td>
<td>Friday, March 29 at ??</td>
<td>Out of the Box</td>
<td>$45</td>
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<td>17</td>
<td>Wednesday, April 3 at 11AM</td>
<td>Hail to the Queen</td>
<td>$20</td>
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<td>18</td>
<td>Thursdays, April 4, 11 and 25 at 1PM</td>
<td>Beginners Mah Jongg</td>
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<tr>
<td>19A</td>
<td>Monday, April 8 from 10AM – 12 noon</td>
<td>The Ethicist</td>
<td>$4</td>
</tr>
<tr>
<td>19B</td>
<td>Monday, June 24 from 10AM – 12 noon</td>
<td>The Ethicist</td>
<td>$4</td>
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<tr>
<td>20</td>
<td>Friday, April 12 at 9:30AM</td>
<td>Discover Roosevelt NJ</td>
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<td>21A</td>
<td>Monday, April 15 at 1:30PM</td>
<td>Handbuild a Lidded Box</td>
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<td>21B</td>
<td>Monday, June 10 at 1:30PM</td>
<td>Handbuild a Lidded Box</td>
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<td>22</td>
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<td>Prelude to High Tea Service</td>
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<td>23</td>
<td>Wednesday, April 24 from 11:30AM – 12:30PM</td>
<td>A Morning of Music</td>
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<td>24</td>
<td>Monday, April 29 from 10AM – 12 noon</td>
<td>Hear Ye! Hear Ye!</td>
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<td>25</td>
<td>Tuesday, April 30 at 1PM</td>
<td>High Tea at the Tea Shoppe</td>
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<td>26</td>
<td>Friday, May 3 from 9:30 - 11:30AM</td>
<td>Shinrin-Yoku</td>
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<td>Wednesday, May 8 at 1PM</td>
<td>Lampwork Glass Bead</td>
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<td>Thursday, May 16 at 10AM and</td>
<td>Mindfulness and A Meal in Silence</td>
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<td>29</td>
<td>Thursday, May 23 at 12 noon</td>
<td>Cherry Grove Farm Tour</td>
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<td>30</td>
<td>Monday, May 20 at 10:30AM</td>
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<td>31</td>
<td>Wednesday, May 22 at 10AM</td>
<td>Sculpture Hunt</td>
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<td>32</td>
<td>Thursday, June 6 at 9:30AM</td>
<td>Wrongful Convictions Seminar</td>
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<td>33</td>
<td>Thursday, June 20 at 1PM</td>
<td>I Want My Mummy</td>
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<td>34</td>
<td>Friday, June 21 at 10:30AM</td>
<td>Mason Jar Terrarium</td>
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<td>35</td>
<td>Tuesday, June 25 at 10AM</td>
<td>Pedal Your Paddle Boat</td>
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<td>36</td>
<td>Wednesday, June 26 at 10AM</td>
<td>Sex and the Constitution</td>
<td>$8</td>
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**ADDITIONAL SUPPLIES MAY NEED TO BE PURCHASED FOR SOME EVENTS**